In June, completely new spectacular attractions will open in the Fram Museum. Come aboard Fram and experience what it was like to be out in the ice with Fridtjof Nansen and Roald Amundsen. With 11 projectors, sound and light, Fram is once again in the Arctic Ocean with dangerous hummock ice and northern lights. Hold on to something while when the hurricane blows it’s worst!

New activities for the kids: Crawl into our new igloo and see how the Inuit lived, or try to pack a dog sledge. After several years of restoration, you can now finally also come aboard Gjøa, the first ship through the Northwest Passage.

Using original film footage, unique pictures, and exciting exhibitions; texted in 10 languages, The Fram Museum narrates how men of steel and ships of wood traveled, explored and charted the world’s most dangerous and remote places, the North Pole and the South Pole.

Every 15 minutes, our spectacular movie in super wide format shows live images of Fram and crew in the ice wastes, the dogs they had on board, penguins and polar bears.

Try your hand at being a polar adventurer in our new activity center and ice-cold polar expedition simulator.

Framheim Café and our rich museum shop are open every single day throughout the year.
At The International Museum of Children’s Art in Oslo you can see the world through children’s eyes and understand how children’s art is a bearer of aesthetic values. The Museum regards children’s art as a living part of folk art and also an important element in our national and universal culture. The right to have and preserve a culture of one’s own is an accepted principle, when referring to nations or segments of any population.

For more information please visit www.childrensart.com, or follow us on Instagram, Twitter, Facebook, Artstor and Google Art Project.

Address: Lille Frøens vei 4, 0371 Oslo, Metro 1, Frøen T
Hi, and welcome to Oslo!

What a pleasure that you have chosen to explore our city.

Oslo is a modern and diverse city, and each district has its own personality. The city is packed with museums and cultural highlights. We like to call ourselves a real festival city, and can tempt with everything from music festivals to food festivals and children’s festivals. Music is an important part of Oslo, and with its thousands of concerts a year, Oslo is the city in Europe that has the most concerts per inhabitant.

Oslo’s port area has been reborn as a neighbourhood where museums, restaurants and an urban way of life go hand in hand.

No other city in Norway has as varied a restaurant offering as Oslo. Here you will find everything from exciting street food and traditional Norwegian cuisine, to world-class gourmet restaurants.

More than half of Oslo, designated as Europe’s environmental capital in 2019, is covered in forests and parks, making Oslo a green city in the summer and a ski resort in the winter.

The compact city centre is easy to explore on foot or by bike, and an efficient public transport system makes the whole city available without a car.

Our city is constantly growing - new neighbourhoods are appearing and old ones are being developed and transformed.

Enjoy discovering your Oslo!

Christian Lunde
CEO
VisitOSLO
ONE OF NORWAY'S MOST VISITED TOURIST ATTRACTIONS
The Holmenkollen ski jump is distinguished by its spectacular and modern design, and is an important landmark in Oslo. Fantastic panoramic views of Oslo and its surroundings can be enjoyed from the top of the tower. Located within the mountain, underneath the jump, lies the world's oldest ski museum. Experience skiing from the past to the present, polar explorers and an interactive exhibition on modern skiing. Visit our newest attraction, Vær og føre-føre var, a playful exhibition on weather and climate change. The Kollensvevet, a zipline which allows you to "hop" from the top of the tower and down the slope, an aerial experience you can't miss. Kollensvevet opens towards the end of March and is open through to autumn. For information and opening times: www.kollensvevet.no

WELCOME TO EKEBERGPARKEN
Here you can take part in experiences that contain art, history and nature. The park is large, with woods, wooded trails and art. The collection is of high quality and representative of European art history for the past 130 years. With the combination of Ekeberg’s long history, the beautiful scenery and the beautiful sculptures, everything is set up for a wonderful experience for the whole family.
The Ekeberg Park is open all year and has a varied public program. See our website for more information.

GUIDED TOUR
Join a guided tour of the Ekeberg Park sculpture collection with one of our knowledgeable and dedicated guides.

SKYSPACE SUNSET & SUNRISE SESSION
Experience James Turrell’s light installations and catch the beautiful sunset program. A unique experience!

SKYSPACE AND GANZFELD SUNDAYS
Open every Sunday from 11 am to 4 pm. Online booking.
WELCOME TO OSLO

The city is located at the innermost point of the Oslo fjord. A green and modern city with a population of 670,000. Oslo’s history goes back 1000 years, but it only became the capital city of Norway after the constitution was drafted in 1814.
**Alpine skiing and snowboard**

Just outside the city center is **Oslo Winter Park**, a large ski resort with 18 runs and 11 lifts open from December to Easter. **Oslo Winter Park Ski Hire** has skiing, snowboarding and related equipment. Ski courses and private lessons can be booked at the Oslo Winter Park Ski School.

**Skating**

The ice rinks in Oslo are open throughout the winter. The **Spikersuppa** ice rink is located in the city centre, whilst a larger rink is located in the **Frogner stadium**, Majorstua. Skate rental available at both venues.

**Toboggan**

**Korketrekkeren** is Oslo’s largest and most popular toboggan run — two kilometers long with a fall height of no less than 255 meters. Sleds can be rented on top of the hill, and the subway carries you from the bottom of the hill and up to the top again.

**Cross Country Skiing**

There’s over 2,700 kilometres of prepped runs in the woods surrounding Oslo, with a vast array of alternatives for both beginners and experienced skiers. The closest runs are 20 minutes from Oslo city centre. Skis and equipment can be rented at **Oslo Winter Park**. Both **Skiforeningen** and **Skiglede** offer courses and private lessons.

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### WINTER ACTIVITIES

*If you’re visiting Oslo in winter, why not combine skiing and skating with shopping, food and culture?

Enjoy panoramic views of Oslo from the top of Holmenkollen ski jump.*
WELCOME TO THE OPERA!

Norway’s largest music and performing arts institution! In addition to experiencing opera, ballet and concerts on one of our stages, you can stroll around the roof and into our beautiful, spacious foyer. Shop in the Opera store, have a cup of coffee or enjoy a tasteful meal in one of our restaurants!

We have daily tours which give you an insight into what happens behind the scenes before the curtains are drawn.

Visit operaen.no for more information.

FOYER Opening HOURS:
- MONDAY–FRIDAY 10–21
- SATURDAY 11–21
- SUNDAY 12–21

TICKET OFFICE HOURS:
- MONDAY–FRIDAY 10–19
- SATURDAY 11–18
- SUNDAY 12–18

FLYT_TOGET
AIRPORT EXPRESS

The most relaxed way to Oslo can also be the fastest.

With the Airport Express, downtown Oslo is only 19 minutes away.

Flytoget.no
SUMMER ACTIVITIES

There’s over 19 hours of sunlight in Oslo in the summer, and with the fjord and Oslo forest within easy reach there’s always something exciting to do.

Swimming pools
The public baths Tøyenbadet on Oslo’s east side and Frognerbadet on the west side have large outdoor swimming pools with diving platforms. If you want to swim in the Oslo Fjord you can try Sørenga sjøbad, Tjuvholmen city beach, or one of the islands or beaches just outside the city center.

Climbing
Oslo Sommerpark and Oslo Klatrepark are major climbing parks, and are only 30 minutes away from Oslo city center. Both parks have nine different trails and several zip-lines — the longest of which is 230 meters.

TusenFryd
There’s over 30 exciting rides for you to choose from at the TusenFryd amusement park, including roller coasters, exciting rides, a water park, and loads more. TusenFryd is about 20 kilometres south of Oslo.

Cycling
Experience Oslo by bike. The city bikes are an easy and affordable alternative. Viking Biking, located in Oslo city centre, also offers quality bicycles for rent and if you feel like a ride in the forest, why not rent an off-road bike from Oslo Summer Park.

Boat trips and island hopping
A boat trip is the best way to experience the Oslo fjord. A single Ruter ticket will allow you to discover a number of islands with beaches and picnic spots, just a few minutes by boat from the city centre.

Walking tours in the city and surrounding woods
The harbor promenade is located along the Oslo Fjord from Sørenga to Frognerkilen, revealing the evolution of “The Fjord Town” with exciting new architecture. A hike along Akerselva offers both nature, history and culture. In the woods around the city you can choose popular routes from Sognsvann or Frognerseteren, or walk far into the forest. Maps and good tips for short or long treks are available at DNT in Storgata 3 and Sørenga 122.
OSLO SIGHTSEEING by H.M.K.

The best way to visit Oslo in one day!
Daily* guided tours at 10:30

3 HOURS
OSLO PANORAMA
City centre, Holmenkollen, Vigeland Sculpture Park
*Daily, except: 17/05, 15/09, 25/12

NOK 280  NOK 140

4 HOURS
OSLO SELECTED HIGHLIGHTS
City centre, Holmenkollen, Vigeland Sculpture Park, Fram Museum or
Kon-Tiki Museum (your choice). Return from Bygdøy to the city centre
by boat (16/03 –14/10) or by bus (01/01–15/03 & 15/10 – 31/12).
*Daily, except: 17/05, 15/09, 24/12, 25/12

NOK 430  NOK 215

5 HOURS
OSLO ALL-INCLUSIVE
City centre, Holmenkollen, Vigeland Sculpture Park, Fram Museum or
Kon-Tiki Museum (your choice) and the Viking Ship Museum.
*Daily, except: 01/01, 17/05, 15/09, 24/12, 25/12, 26/12, 31/12

NOK 470  NOK 235

7 HOURS
OSLO GRAND TOUR
City centre, Holmenkollen, Vigeland Sculpture Park, Fram Museum or
Kon-Tiki Museum (your choice) and the Viking Ship Museum followed by
a 2-hour fjord cruise by boat.
Season: 16/03 – 14/10. *Daily, except: 17/05, 15/09

NOK 680  NOK 340

START LOCATION
Kronprinsesse Märthas plass (by the Western Tower of the City Hall)

TICKETS
Online at www.sightseeingoslo.com, on the bus or at the Oslo Visitor Centre.

For more details, please check our website www.sightseeingoslo.com.

OSLO FJORD

City Cruise HOP ON - HOP OFF!
City Cruise HOP ON - HOP OFF!

Opera  DFDS  City Hall  Color Line
09.45  10.00  10.15  10.30  10.45
11.15  11.30  11.45  12.00  12.15
12.45  13.00  13.15  13.30  13.45
14.15  14.30  14.45  –  15.15
15.45  16.00  16.10

Fjord Sightseeing
2 hours. This is the classic Oslo fjord sightseeing, passing the
fortress, the Opera House and idyllic islands with small summer
houses. **Winter:** 10.30 and 13.00, October 16 - March 12,
**New year:** All days December 26 - January 7.

NOK 225

From 09.45
10.30  13.00  15.30
March 16 - Oct 14
**High season:**
10.30  11.30  13.00
14.00  15.30  16.30
June 23 - Aug 26

Oslo Selected Highlights
3 3/4 hour sightseeing by bus visiting the city centre, the
Sculpture Park, Holmenkollen Ski Jump and the polarship Fram
or Kon-Tiki. Attention: This tour leaves from the City Hall, west.

NOK 430

Oslo Grand Tour
7 hour tour by coach and boat. By coach to the most interesting
sights and museums in Oslo. Fjord sightseeing passing the
Opera House. Attention: This tour leaves from the City Hall, west.

NOK 680

Norwegian Evening on the Fjord
3 hour evening cruise on board a sailing ship. Traditional Norwegian
prawn buffet is included in the price. **Additional** departures in
May: 15, 16, 17, 18, 19, 20, 21, 27, 28 and June: 3, 4, 10, 11, 17, 18

NOK 445

Jazz and Blues Cruise
3 hour evening cruise with live music on board a sailing ship
Traditional Norwegian prawn buffet is included in the price.
Tuesdays: Jazz! Saturdays: Blues!

NOK 495

Rådhusbygget 3 · Tel 23 35 68 90 · www.boatsightseeing.com

H.M.KRISTIANSENS AUTOMOBILBYRÅ AS · TEL. (+47) 22 78 94 00 · www.hmk.no
Bus tours

H.M.K. offer bus tours 361 days a year. The tours take you to some of the biggest attractions and museums in Oslo, and vary from 2-7 hours. Tours can be combined with a boat trip in the summer time.

Boat tours

If you want to experience Oslo from the sea you can go on a guided boat trip with Båtservice Sightseeing. The tours run almost all year, but the options are greatest during the summer. In addition, RIB Oslo and Norwegian Boat Adventures have fast-paced RIB tours in the fjord.

Walking tours

Guided walking tours are growing in popularity, and guide companies Oslo Guideservice and Oslo Guidebureau offer a large selection of tours to both known attractions and hidden treasures. The guides are fluent in many languages, and you can chose between a routine walking tour or customised visits with private guides.

Bike, jogging and paddling tours

If you want to up your pulse while exploring the city, there are increasing numbers of options. Viking Biking offers guided cycling tours. With Oslo Running Tours you can jog to the main attractions in the city center, and if you want to paddle on the Oslo Fjord there are many who offer guided tours.

Sightseeing with the Oslo Pass

With free access to attractions and transport, you can tailor your own Oslo sightseeing. Oslo Pass and Oslo City Card can be purchased at the Oslo Visitor Center and a number of other places in the city. With the Oslo Pass app, you get Oslo Pass directly on your phone.
FERRY TO THE MUSEUMS

March 16 to October 14
08.55 to 18.25
(09.55 to 17.25 March, April and October)

Best buy!

CITY HALL PIER 3

Norway in a nutshell®
Our most popular round trip

This legendary tour takes you through Norway’s most breathtaking UNESCO protected fjord and mountain scenery, as well as a trip on Europe’s top scenic rail journeys.

Tour highlights
- The scenic Bergen Railway
- The breathtaking Flåm Railway
- Fjord cruise on the worldfamous UNESCO protected Nærøyfjord and the magnificent Aurlandsfjord
- Bus tour down the steep hairpin bends of Stalheimskleiva (May-September)

The price includes:
- train, bus and fjord cruise one way
- Duration: 1 day or several
- Departure: Oslo or Bergen
- Daily, all year

Book your trip at fjordtours.com

www.boatsightseeing.com
Oslo is a compact city with short distances to all major attractions. For your convenience, the areas of the city are defined in different colours on this map and elsewhere in this booklet. You will be able to locate the attractions in Oslo following the colour code and the number associated with each attraction.
MUSEUMS & ATTRACTIONS

Distances between the major attractions in Oslo are not large, and the city has more than 50 museums exhibiting everything from genuine Viking ships to world-class art.

Oslo Pass – See more. Pay less!

The easiest and most affordable way to discover the city’s museums and attractions is with the Oslo Pass. The Oslo Pass includes free entry to 30 museums and attractions, free public transport (bus, train, tram, metro, ferry), as well as discounts on restaurants, sightseeing and various activities.

You can purchase the Oslo Pass at the Oslo Visitor Centre, www.visitoslo.com, the Oslo Pass app, Ruter’s customer centre, and at most hotels in Oslo.

Attractions marked with the Oslo Pass logo are free with the Oslo Pass.

01 Akershus Slott
Akershus Castle
Medieval castle from around 1300 AD. Remodelled to a renaissance castle in the first half of the 17th century. Today, the castle’s splendid halls are used by the government for state events.

Due to maintenance work Akershus Castle is closed until further notice.

Address: Bygning 2 Akershus festning
www.akershusfestning.no

02 Astrup Fearnley Museet
Astrup Fearnley is a private museum for contemporary art. The museum has changing exhibitions of leading international and Norwegian contemporary art and houses the Astrup Fearnley collection, one of Norway’s most important and most extensive private collections. The museum is beautifully located in Tjuvholmen, with views over the Oslo fjord, in a building which embodies art, nature and urbanity. Designed by world renown architect Renzo Piano.

Price: A120,-/C0,-/S80,-
Open: Tue, Wed, Fri 12-17, Thu 12-19, Sat, Sun 11-17. Mon closed
Transport: Bus to Tjuvholmen or Vika Atrium, Tram 12, 13, 19 Metro to Nationaltheatret.
Address: Strandpromenade 2 Tel: 22 93 60 60
www.afmuseet.no

03 Besøkscenteret Akershus Festning
Akershus Fortress Visitor Centre
Welcome to a memorable visit to Akershus Fortress! The Visitor Centre is located in “the Long Red House” from 1774, right next to the dam Karpedammen.

Ask us about what’s happening at Akershus Fortress!
Temporary exhibitions about the fortress’ 700 year history. Guided tours in Norw. and Eng. throughout the year: Sat-Sun at 13, 14 and 15 (Eng.). Daily during summer season. Groups can order their own tours. Museum shop.

Price: Free admission
Price for guided tours: A75,-/C40,-/S50,-/P50,- Family: 180,-
Open: 1/7-31/8: Mon-Sun 10-17 1/9-30/6: Mon-Sun 11-16
Address: Bygning 1B, Akershus festning Tel: 23 09 39 17
www.akershusfestning.no
04 Den Norske Opera & Ballett
The Norwegian National Opera and Ballet is Norway’s largest music and stage institution. In addition to experiencing opera, ballet and concerts at any one of its three unique stages, you can also enjoy a walk on the roof and a stroll inside the beautiful foyer. Visit the opera store or enjoy refreshments and a dinner at one of the restaurants.
We offer daily guided tours that provide an insight into what happens backstage before the curtains are lifted. Welcome!

Tickets: To purchase tickets visit www.operaen.no
Opening h. foyer: Mon-Fri 10-21, Sat 11-21, Sun 12-21
Opening h. box office: Mon-Fri 10-19, Sat 11-18, Sun 12-18
Opening hours for Shop and restaurants: www.operaen.no
Address: Kirsten Flagstads plass 1 Tel: 21 42 21 21 www.operaen.no

05 Det Kongelige Slott
Tours in Norwegian: Mon-Thurs 11-17, Fri 12-17, Sat-Sun 10-17. On royal birthdays: 13-17.
Tickets on sale at the Oslo Visitor Centre or on www.ticketmaster.no Remaining tickets sold at the entrance. Change of the guard every day at 13:30. H.M. Royal Guard show on selected days during the summer.
Price: For ticket prices, visit the Royal house’s homepage. Open: Late June to mid-August.

06 Cinemateket
At Cinemateket you’ll find movies from the entire history of film, and Norway’s only film museum. Cinemateket has two of Oslo’s best movie halls and shows classics, highlights from film history and new movies for adults and children, from Tuesday to Sunday every week.
The Film Café on the first floor offers simple food and has an alcohol license. The movie café is also open on Mondays.

Tickets and opening hours: Visit cinemateket.no
Transport: Bus 30, 31, 54 and 60 to Jernbanetorget. Metro to Jernbanetorget. Tram 11, 12, 17, 18 to Stortorvet and 13, 12 and 19 to Prinsens gate
Address: Dronningens gate 16 Tel: 22 47 45 89 www.cinemateket.no

07 Forsvaretsmuseet
The museum introduces the history of the Norwegian military from the Viking ages to the present day. Exhibitions present the Danish period until 1814, the union with Sweden 1814-1905, the German invasion 9th April 1940 and the war at sea during WWII. The newest exhibitions are on the “Cold War 1945-1990”, “Intops – Norwegian soldiers in international operations” and the history of the War cross, Norway’s highest military decoration. The vivid exhibitions are presented with the aid of unique artefacts, models, films, videos, and interactive media.

Price: Free admission
Open: 1/5-31/8: Mon-Sun 10-17
1/9-30/4: Tues-Sun 10-16, closed Mon
Address: Bygning 62, Akerhus festning Tel: 23 09 35 82 www.forsvaretsmuseer.no

08 Galleri Fineart
Welcome to Norway’s largest gallery. 2000 square metres centrally located at Aker Brygge/Tjuvholmen. We have over 11,000 artworks from 1100 national and international artists.
We have a large selection of graphics, paintings, sculptures, photographs, books and jewellery for all price ranges.
Galleri Fineart has its own frame workshop and offers high quality and quick framing.
Open every day.
Price: Free admission
Open: Mon-Wed 10-18, Thu 10-20, Fri 10-17, Sat 10-16, Sun 12-16
Transport: Bus 21, 54, Tram 12, 13, 19.
Address: Filipstad Brygge 2 Tel: 22 01 24 20 www.fineart.no

09 Historisk Museum
A date with history at the Museum of Cultural History. Go back to the Stone Age, meet Egyptian mummies and get to know the global history of human beings. Visit our museum, a house of exciting treasures, enjoy a stunning roof painting from the middle ages, majestic stave church portals, breathe out in the Arctic exhibitions, and gain insight into indigenous peoples in America and East Asia. New exhibition “KOLLAPS” - humanity’s ability to adapt to an unpredictable world.
Price: A100,-/C0,-/S50,-/P50,-/Groups (10+) 50,-
Ticket also covers the Viking Ship Museum and is valid for 48 h
Open: 1/5-30/9: Tues-Sun 10-17, 1/10-30/4: Tues-Sun 11-16
Transport: Tram 11, 17, 18 to Tullinløkka and 13, 19 to Nationalth.
Address: Frederiksgate 2 Tel: 22 85 19 00 www.khm.uio.no

10 Ibsenmuseet
Welcome to Henrik Ibsen’s home! You won’t get closer to Ibsen than this. The apartment is completely restored to how it was in 1895, including original furniture. This is where the world-famous dramatist spent the last 11 years of his life with his wife Suzannah. It was here that Ibsen penned “John Gabriel Borkman” and “When We Dead Awaken”. The museum also has several exhibitions about Ibsen’s life and works.
Price: A115,-/C30,-/S75,-/P75,-
Open: 15/9-14/5: Mon-Wed, Fri-Sun 11-16, Thurs 11-18
15/5-14/9: Mon-Sun 11-18.
The last guided tour starts 1 hour before closing time.
Transport: Tram 13, 19 to Nationalth, Bus 30, 31 to Sollii.
Address: Henrik Ibsens gate 25 Tel: 40 02 36 30 www.ibsenmuseet.no

11 Nasjonalbiblioteket
At the National Library, Norwegian cultural history from the Middle Ages to today is presented through a series of large and small exhibitions year round, and a comprehensive program of concerts, lectures, talks and seminars. In the library’s collection you will find books, music, movies, radio, photography, maps, newspapers, letters, and much more. The cozy Kafe Å and frescoes of Emanuel Vigeland, Axel Revold and Per Krogh make the building on Sollii plass, from 1913, worth a visit by themselves.
Price: Free admission. For group tours: informasjon@nb.no
Open: Mon-Fri 9-19, Sat 9-14, Subject to changes during Christmas and summer
Transport: Bus 21 Løsetorget, 30, 31 and tram 12, 13 to Sollii pl.
Address: Sollii plass, Henrik Ibsens gate 110 Tel: 81 00 13 00 www.nb.no
The National Museum of Art, Architecture and Design

The National Museum of Art, Architecture and Design has Norway’s most important architectural collection, with over 300,000 objects. In the permanent exhibition “Art of Building,” the architectural collection from 1830 to today, works by leading Norwegian architects such as Bjercke & Eliassen, Blakstad & Munthe-Kaas, Sverre Fehn, Magnus Poulsson and Snøhetta are displayed. The museum also has temporary exhibitions, Bookstore and Café / Grosch Bistro.

Price: A50,-/C0,-/S30,-/P30,-. Free admission on Thursdays.
Open: Tues, Wed, Fri 11-17, Thurs 11-19, Sat, Sun 11-17
Transport: Bus 30, 31, 32, 54 to Rådhuset.
Address: Bankplassen 5 Tel: 21 98 20 00
www.nasjonalmuseet.no

Nasjonalmuseet – Arkitektur

The National Museum – Architecture has Norway’s most important architectural collection, with over 300,000 objects. In the permanent exhibition “Art of Building,” the architectural collection from 1830 to today, works by leading Norwegian architects such as Bjercke & Eliassen, Blakstad & Munthe-Kaas, Sverre Fehn, Magnus Poulsson and Snøhetta are displayed. The museum also has temporary exhibitions, Bookstore and Café / Grosch Bistro.

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Open: Tues, Wed, Fri 11-17, Thurs 11-19, Sat, Sun 11-17
Transport: Bus 30, 31, 32, 54 to Rådhuset.
Address: Bankplassen 5 Tel: 21 98 20 00
www.nasjonalmuseet.no

Nasjonalgalleriet

The National Gallery houses Norway’s largest public collection of paintings, graphics, drawings and sculptures. The exhibition “The Dance of Life” shows the highlights of Norwegian and foreign paintings, graphics, drawings and sculptures. The exhibition “The Dance of Life” shows the highlights of Norwegian and foreign paintings, graphics, drawings and sculptures. The exhibition “The Dance of Life” shows the highlights of Norwegian and foreign paintings, graphics, drawings and sculptures.

Price: A60,-/C30,-/S30,-/P30,- Groups (min 10 per.) 50,- Family: 120,- (2 adults + children under 18)
Open: 1/9-31/5: Mon-Fri 10-16, Sat 11-16
1/6-31/8: Mon-Sat 10-17, Sun 11-17
Transport: Tram 12 to Kontraskjæret. Metro to Stortinget
Address: Bygning 21 Akershus festning Tel: 23 09 31 38
www.jjemefrontmuseet.org

Norske Hjemmefrontsmuseet

Norway’s Resistance Museum
With its permanent exhibition, Norway’s Resistance Museum attempts to give “a true and vivid picture of what a calamity and degradation an occupation is for a people.” Five years of occupation from invasion to liberation are recreated through images, documents, posters, artefacts, models, original newspapers and sound recordings.

Price: A60,-/C30,-/S30,-/P30,- Groups (min 10 per.) 50,- Family: 120,- (2 adults + children under 18)
Open: 1/9-31/5: Mon-Fri 10-16, Sat 11-16
1/6-31/8: Mon-Sat 10-17, Sun 11-17
Transport: Tram 12 to Kontraskjæret. Metro to Stortinget
Address: Bygning 21 Akershus festning Tel: 23 09 31 38
www.jjemefrontmuseet.org

The City Hall opened in 1950. Decorated with delightful motives from Norwegian history, culture and working life. The building hosts leaders of the city’s political and administrative branches, as well as the city council and a number of events. The Nobel Peace Prize is awarded on the 10th of December. The City Hall bells play selected melodies every hour. All tours with City Hall guides must be booked on our website. Opening times can also be found here.

Open: Mon-Sun 9-16
Address: Fridtjof Nansen plass
www.rft.oslo.kommune.no

Stortinget

Parliament
Stortinget is Norway’s house of representatives, the building was inaugurated in 1866. Visitors can experience the historical hall, the walkway, the Lagting hall, and of course the Stortings hall. Stortinget generally offers open tours in Norwegian and English from Jan-Jun (Sat), Jun-Aug (Mon-Fri) and Sept-Dec (Sat). Visit our website for up to date information on dates and times: www.stortinget.no/omvisning
www.stortinget.no/en/in-english

Price: Free admission
Transport: Metro to Stortinget
Address: Karl Johans gate 22 Tel: 23 31 31 80
www.stortinget.no

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Transport: Tram 12 to Kontraskjæret. Metro to Stortinget
Address: Bygning 21 Akershus festning Tel: 23 09 31 38
www.jjemefrontmuseet.org

The National Museum of Art, Architecture and Design

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Price: A50,-/C0,-/S30,-/P30,-. Free admission on Thursdays.
Open: Tues, Wed, Fri 11-17, Thurs 11-19, Sat, Sun 11-17
Transport: Bus 30, 31, 32, 54 to Rådhuset.
Address: Bankplassen 5 Tel: 21 98 20 00
www.nasjonalmuseet.no

Nasjonalmuseet – Arkitektur

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Price: A50,-/C0,-/S30,-/P30,-. Free admission on Thursdays.
Open: Tues, Wed, Fri 11-17, Thurs 11-19, Sat, Sun 11-17
Transport: Bus 30, 31, 32, 54 to Rådhuset.
Address: Bankplassen 5 Tel: 21 98 20 00
www.nasjonalmuseet.no

Nasjonalgalleriet

The National Gallery houses Norway’s largest public collection of paintings, graphics, drawings and sculptures. The exhibition “The Dance of Life” shows the highlights of Norwegian and foreign painting and sculpture, from ancient times until 1950. Among more than 300 masterpieces they present J.C. Dahl and romanticism, Christian Krogh and Realism, mood paintings from the 20th century, and Edvard Munch’s famous work Scream. From the summer of 2017 you can see contemporary art in the National Gallery. Shop and cafe / The French Hall.

Price: A100,-/C0,-/S50,-/P50,-. Free admission on Thursdays.
Open: Tues, Wed, Fri 10-18, Thurs 10-19, Sat, Sun 11-17
Transport: Tram 12, 13, 19 and metro to Nationaltheatret.
Address: Universitetsgata 13 Tel: 21 98 20 00
www.nasjonalmuseet.no

Norske Hjemmefrontsmuseet

Norway’s Resistance Museum
With its permanent exhibition, Norway’s Resistance Museum attempts to give “a true and vivid picture of what a calamity and degradation an occupation is for a people.” Five years of occupation from invasion to liberation are recreated through images, documents, posters, artefacts, models, original newspapers and sound recordings.

Price: A60,-/C30,-/S30,-/P30,- Groups (min 10 per.) 50,- Family: 120,- (2 adults + children under 18)
Open: 1/9-31/5: Mon-Fri 10-16, Sat 11-16
1/6-31/8: Mon-Sat 10-17, Sun 11-17
Transport: Tram 12 to Kontraskjæret. Metro to Stortinget
Address: Bygning 21 Akershus festning Tel: 23 09 31 38
www.jjemefrontmuseet.org
**The Mini Bottle Gallery**

The world’s only mini-bottle museum is found in Oslo, and contains the largest collection of mini-bottles: 53,000 bottles in 50 installations on 3 floors! Here you can see bottles filled with fruit and berries, worms and mice, what a Scotsman has under his kilt is revealed, and what a brothel looks like from the inside. And if you’re the fearless type, we recommend taking the slide down to the horror chamber!

**Price:** A85,-/C35,-

**Open:** Sat, Sun 12-16. Closed during school holidays. Guided tours on request for larger groups.

**Transport:** Bus 60 to Jernbanetorget. Tram 12, 13, 19 to Kongens gate. Metro to Stortinget

**Address:** Kirkegaten 10 Tel: 23 35 79 60 www.minibottlegallery.com

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**Vigelandsparken**

Vigeland Park

One of Norway’s most popular tourist attractions with more than one million visitors a year. This unique sculpture park represents the life work of sculptor Gustav Vigeland (1869-1943) with more than 200 sculptures in bronze, granite and forged iron. Vigeland was also responsible for the design and architectural outline of the park.

**Price:** Free admission

**Open:** The park is open 24 hrs/day all year

**Transport:** Tram 12 to Vigelandsparken. Metro to Majorstua. Bus 20 to Vigelandsparken

**Address:** Entrance Kirkeveien Tel: 23 49 37 00 www.vigelandsparken.no

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**Det Internasjonale Barnekunstmuseet**

International Museum of Children’s Art

The museum presents children’s art from more than 180 countries. Children’s concerns and opinions are presented in changing exhibitions. The museum’s three main functions are to collect, preserve and exhibit children’s art from around the world. Music and art workshops. Guided tours on request.

**Price:** A75,-/C40,-/S40,-/P40,-

**Open:** 16/1-18/6 and 18/9-9/12: Tues-Thurs 9:30-14 Sat, Sun 11-16, Mon, Fri closed 19/6-19/8: Tues-Thurs 11-16 Sat-Sun 11-16, Mon, Fri closed

**Transport:** Metro 1 to Frøen station

**Address:** Lille Frøens vei 4 Tel: 22 46 85 73 www.barneknun.no

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**Bymuseet**

Welcome to the Oslo City Museum inside the Frogner park.

The museum is located in the grand Frogner manor, about 200 m. south of the Vigeland complex. Visit the “OsLove” exhibition with glimpses from the city’s history. Varied exhibition themes.

Tours all year round: Sat and Sun 13 and 14. Tours 1/7-15/8: Tue-Sun 13 and 14.

Cosy museum shop and café.

**Price:** Free admission

**Open:** 9/1-22/12, 27/12-30/12: Tues-Sun 11-16

Closed: 1/1-8/1, 17/5, 23/12-26/12, 31/12

**Transport:** Bus 20 to Frogner plass. Tram 12 to Frogner plass

**Address:** Frognerveien 67 Tel: 23 28 41 70 www.oslomuseum.no

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**Vigeland-museet**

Close to Vigeland Sculpture Park is one of Norway’s most attractive museums. Experience the almost complete collection of sculptor Gustav Vigeland’s works (1869-1943). The museum, which was first opened to the public in 1947, also documents the story behind the park and how the sculptures were made. The museum also features temporary exhibitions of traditional and contemporary art.

**Price:** A80,-/C40,-/S40,-/P40,-

**Open:** 1/9-30/4: Tues-Sun 12-16, 2/5-31/8: Tues-Sun 10-17, Closed 1/1, 30/3, 1/4, 1/5, 17/5, 24/12, 25/12, 31/12

**Transport:** Bus 20 or tram 12 to Frogner plass. Metro to Majorstua station. Metro to Majorstua.

**Address:** Nobels gate 32 Tel: 23 49 37 00 www.vigeland.museum.no

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**Kon-Tiki Museet**

Thor Heyerdahl rose to fame when he crossed the Pacific Ocean with the Kon-Tiki in 1947. Further adventures followed with voyages on the Ra and Tigris reed boats. Experience the original rafts and up to date exhibitions on Heyerdahl’s expeditions, including Kon-Tiki, Ra, Tigris, Easter island, Fatuhiva, Túcume, Galapagos, spelunking, the under water exhibition and more. Daily viewings of the original “Kon-Tiki” movie. Shop.

**Price:** A120,-/C50,-/S50,-/P90,-/Family 240,-

**Open:** 1/10-30/4: Mon-Sun 10-17, 1/5-31/5: Mon-Sun 10-18, 1/6-31/8: Mon-Sun 9-18, 1/9-30/9: Mon-Sun 10-18

**Transport:** Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

**Address:** Bygdøyynesveien 39 Tel: 23 28 29 50 www.frammuseum.no

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**HL-Senteret**

The HL Centre is a research and information centre established at Villa Grande. The centre focuses on themes relating to the Holocaust, genocide in general and living conditions for minorities. The centre has an exhibition on the Holocaust, with focus on the fate of Norwegian Jews during the Second World War. The exhibition also covers other genocides, and aims to expose how historical events are relevant to today’s society.

**Price:** A70,-/C30,-/S50,-/P50,-

**Open:** 15/5-30/9: Mon-Fri 10-16, Sat, Sun 11-16

**Transport:** Bus 30. Ferry from Rådhusbrygge 3 (April-Oct)

**Address:** Huk aveny 56 Tel: 22 84 21 00 www.hl-senteret.no
In summer: Daily activities, costume-clad guides, folk dancing, music and domestic animals. Building interiors viewable all year. Weekend activities and Christmas market.

Exhibitions: Wood-carving, traditional rose painting, folk dress, Sami artefacts and interiors from town and country.

Price: A130.-/C40.-/S100.-/P100.-/Family ticket 260.-

Open: 15/5-14/9: Mon-Sun 10-18
15/9-14/5: Mon-Fri 11-15, Sat, Sun 11-16

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April – Oct)

Address: Museumsveien 10
Tel: 22 12 37 00

www.norskfolkemuseum.no

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**Norsk Maritimt Museum**

Norway is a small country, but big out on the sea. In the exhibitions you meet the viking, sailor, shipowner and torpedoed seamen, and each one tells their story. Interactive exhibitions with simulators and games, as well as treasures and archaeological finds from the ocean depths.

Our panoramic movie takes you along Norway’s beautiful coastline. NEWS: Join “Traveling with The Chief and Sally Jones”. Set sail and board the ship Queen of Congo!

Price: A120.-/C50.-/S50.-/P50.-/Family ticket 240.-

Open: 15/5-14/9: Mon-Sun 10-17, 15/9-14/5: Tues-Sun 10-16

Closed Mondays

Transport: Bus 30. Ferry from Rådhusbrygge 3 (April–Oct)

Address: Bygdøyene 37
Tel: 22 12 37 00

www.marmuseum.no

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**Oscarshall**

The summer palace on Bygdøy was built between 1847 and 1852 for King Oscar I and designed by the Danish architect Johan Henrik Nebelong. Guided tours on the hour.

Last guided tour is at 16 (lasts roughly 50 mins – we close at 17). Tickets at the door. No parking facilities.

NB: Closed during private events

Price: Visit the Royal house’s website for ticket prices.

Open: Mid-May to mid-September

Visit www.kongehuset.no for opening times

Transport: Bus 30 from Rådhusbrygge 3 (April–Oct)

Address: Oscarhallen

www.kongehuset.no

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**Vikingskipshuset**

At The Viking Ship Museum you can see the world’s best-preserved Viking ships and unique grave goods from ship graves around the Oslo Fjord: Oseberg, Gokstad, Tune and Borre. The ships have sailed on the sea before they were put on land to be grave ships. More than 1100 years ago, the deceased were put in a tomb in the ship, abundantly equipped with food and drink, dogs and domestic animals, utilities, and pieces of art.

Price: A100.-/C0.-/S80.-/P80.- Groups (10+) 50.-

Open: 1/6-31/8: Every day 11-16, 1/9-31/5: Tue-Sun 11-16

Closed: 1/1-8/1, 26/3-2/4, 10/5, 17/5, 17/12-31/12

Transport: Metro to Grønland station. Bus 37 to Tøyengata

Address: Kongsvollen 23

Tel: 22 05 28 30

www.resmuseum.no

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**Botanisk hage**

The Botanical Gardens are an oasis in the centre of Oslo. The gardens spread across 15 hectares and include about 7 500 different plants. It is also a part of the Natural History museum. The Botanical gardens also include greenhouses, a mountain garden, a viking garden, a herb garden, and a sensory garden. We offer different activities throughout the year. You’ll also find maple fruit sculptures and beautifully decorated benches, one of Norway’s best museum shops and a cozy café.

Price: Free entrance

Open: Every day 7-21. Greenhouses: 2/5-30/9: Every day 10-20, 1/10-31/3: Every day 10-17

Transport: All metros to Tøyen and bus 20 to Munchmuseet

Address: Sars’ gate 1/Monradsgate

www.nhm.uio.no

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**Interkulturelt Museum**

Welcome to the Intercultural Museum! The museum is located by the Grønland subway station and has exhibitions about cultural changes in Norwegian society. Catch the “Typical Them” exhibition about prejudice.

Guided tours: Sat-Sun at 12 and 14

Price: Free admission

Open: 9/1-16/12: Tues-Sun 11-16

Closed: 1/1-8/1, 26/3-2/4, 10/5, 17/5, 17/12-31/12

Transport: Metro to Grønland station. Bus 37 to Tøyengata

Address: Tøyenbekken 5

Tel: 22 05 28 30

www.oslmuseum.no
35. **Munchmuseet**

Discover new aspects of Edvard Munch’s art at The Munch Museum. See Paul Gauguin’s and Edvard Munch’s graphic works in the exhibition With Closed Eyes - Gauguin and Munch. Edvard Munch: Between the Clock and the Bed is shown in May, previously shown by SF MOMA and The Met. The year ends with Moonrise. Marlene Dumas & Edvard Munch. The museum has the world’s largest collection of Edvard Munch’s art, but has no permanent documentary exhibition. The collection is displayed through exhibitions where aspects of Munch’s art are explored.

**Price:** A120,-/C0,-/S60,-

**Open:** 2/1-8/5 and 10/9-30/12: 10-16, 12/5-9/9: 10-17

**Transport:** All metros to Tøyen and bus 20 to Munchmuseet.

**Address:** Tayengata 53 Tel: 23 49 35 00

www.munchmuseet.no

36. **Arbeidermuseet**

Welcome to the Labour Museum! The museum has an idyllic location in the old factory environment by the Akerelva river. Here are the exhibitions “Factory Girls and Industrial Lords” and “Artist View of Akerelva”. Guided tours in the local area are offered with visits to the “Brenna” work house, which shows how three women lived in the early 1900s. Guided tours: Sat-Sun at 12 and 14.

**Price:** Free admission

**Open:** 3/2-25/11: Sat, Sun 11-16. Closed: 1/1-2/2, 26/11-31/12

**Transport:** Tram 11, 12 and 13 to Biermanns gate

**Address:** Sagveien 28 Tel: 23 28 41 70

www.oslomuseum.no

37. **Jødisk Museum i Oslo**

The Jewish Museum in Oslo is a vital museum and cultural centre for the preservation and dissemination of knowledge about Norwegian-Jewish history, culture, traditions and identity. The museum is located in a former synagogue from 1921. Exhibitions include: “Remember us alive – Jewish destinies”, “The Jewish year”, and “Heia jødene! – an exhibition about Norwegian-Jewish history, culture, traditions and identity. The museum is located in a former synagogue from 1921.

**Price:** A50,-/C40,-/S40,-/P40,-

**Open:** 1/1-14/6 and 16/8-20/12: Tues 10-15, Wed, Thurs 14-19, Sun 11-16. 15/6-15/8: Tues, Wed, Fri 10-15, Thurs 10-19, Sun 11-16

**Transport:** Metro to Jernbanetorget. Tram 11, 12 and 13 to bus 30, 31 to Housemans gate

**Address:** Calmeyers gate 15 Tel: 22 20 84 00

www.jodiskmuseumsoslo.no

38. **Popsenteret**

For music lovers of all ages!

Experience the themed exhibition «FUZZ! The technology that changes music». Interactive, modern experience museum for Norwegian music at Grünerløkka. Sing in the studio, mix and make record covers. Interactive features like Artist Station, Stage Fright and Time Machine.

Experience 100 years of Norwegian popular music history and culture in interviews, movies, music, artist presentations, and music songs! Children’s room, room movie, gift shop. Cafe.

**Price:** A100,-/C50,-/S70,-/P80,-

**Open:** Tues, Wed, Fri-16, Thu 10-19, Sat, Sun 11-17, closed Mon

**Transport:** Tram to Bjølsen, bus to Heimdalsgata

**Address:** Trondheimsveien 2, bygg T Tel: 22 46 80 20

www.popsenteret.no

39. **Holmenkollen**

“The blue and the green and the city in between". From the top of Holmenkollbakken ski jump you can experience a 360 degree panoramic view of the city, fjord and hinterland. In addition, you will find the world’s oldest ski museum, 2 exciting shops, a ski simulator and café.

For information on our Kollensvevet zipline, visit www.kollensvevet.no

**Price:** A140,-/C70,-/S120,-/P120,-

**Open:** 1/5-31/5: Mon-Sun 10-17, 1/6-31/8: Mon-Sun 9-20 1/9-30/9: Mon-Sun 10-17, 1/10-30/4: Mon-Sun 10-16

**Transport:** Metro 1 to Holmenkollen

**Address:** Kongeveien 5 Tel: 916 71 947

www.holmenkollen.com

40. **Holmenkollen Ski-Simulator**

Brand new Ski simulator by the Holmenkollen ski jump. Opened in June 2017. Hop on the “Kollen” and experience what it feels like to set off from some of the world’s toughest downhill slopes with the world’s best ski athletes. Technology which was previously only available to pilots and astronauts combines flight simulation movements with an “eye-view” film to deliver a special and realistic experience.

**Price:** A95,-/C55,-

**Open:** 1/1-30/4: Mon-Sun 10-16, 1/5-31/5: Mon-Sun 10-17 1/6-31/8: Mon-Sun 9-20, 1/9-30/9: Mon-Sun 10-17 1/10-31/12: Mon-Sun 10-16. Open all year round.

**Transport:** Metro 1 to Holmenkollen

**Address:** Kongeveien 5 Tel: 969 03 665 / 900 12 046

www.skisimulator.no

41. **Norsk Teknisk Museum**

A museum filled with playful learning. Explore and be creative in Oslo’s science centre. Experiment with renewable energy sources, and much more. Loads of activities on weekends and during school holidays. Visit our website for a full program.

Check out Makerspace! Big exhibitions on the progress of science and technology throughout the ages. Shop. Café.

Free parking. Easily reachable by bus, train and tram. Don’t miss the exhibition on forced labour in Norway during WWII!

**Price:** A150,-/C100,-/S80,-/P120,-

**Open:** 1/9-9/16, Sat, Sun 11-18. Mon closed 20/6-20/8 and School holidays: Mon-Sun 11-18.

**Transport:** Bus, train and tram. Easy access by car. Parking.

**Address:** Kjelsåsveien 143 Tel: 22 79 60 00

www.tekniskmuseum.no

42. **Henie Onstad Kunstsenters**

Henie Onstad Art Centre

The Henie Onstad Art Centre presents modernism and contemporary art via changing exhibitions and an extensive concert programme. The art centre is situated in picturesque surroundings by the fjord and boasts a sculpture park, beach and art laboratory for the young. Sonja Henie’s trophy collection, brasserie Belgen og Moi and a museum shop.

**Price:** A120,-/C0,-/S80,-

**Open:** Tues-Sun 11-17. Mon closed (Opening times may vary, please check hok.no).

**Transport:** Bus 160 to Høvikodden or train to Blommens station. Approx. 15 minutes travel from Oslo.

**Address:** Sonja Henies vei 31 Tel: 67 80 48 80

www.hok.no
43 Askers Museum

Where does this impressive staircase lead to?
Find out through a memorable visit to the home of two
famous Norwegian writers, set in beautiful rural surroundings
20 km west of Oslo. Welcome to Askers Museum, Valstads’s
collections and Labrätten, Hulda and Arne Garborg’s home,
and our historic gardens with Anne Grimdalens sculptures.

Price: A80,-/C0,-
Open: Tues-Fri 11-15, Sun 12-16. Mon and Sat closed
Transport: Local train to Hvalstad station.
Departures every 15 minutes from Oslo S / Nationaltheatret
Address: Otto Valstads vei 19, 1935 Hvalstad Tel: 66 79 00 11
www.askermuseum.no

44 Bjørneparken i Flå

Norway’s best kept secret?
The Bjørneparken bear park invites you to magical
counters between animals and humans in the kingdom
of Norwegian carnivores. Enter the bear den and fox forest,
hand-feed the elk, feed the animals or hold snakes – if you
dare. With a range of exciting activities, Bjørneparken
is an experience you won’t forget anytime soon.

Price: See www.bjorneparken.no
Open: Mon-Sun 10-17
Transport: 1.5 hours’ drive from Oslo on the main road
between Oslo and Bergen.
Address: Bjørneparkvegen 61, 3539 Flå
www.bjorneparken.no

45 Blaafarveværket

Blaafarveværket (or Blue Colour Works) celebrates its 50th
anniversary in 2018 and shows 3 new art exhibitions each
year. At the Cobalt Mines we have daily guided mine trips to
the underground glass floor. New in 2018 is a hangbridge
inside the mines. We have three eateries with homemade
food, six exciting shops, The Children’s Farm, and beautiful
hiking and park areas.

Price: Visit www.blaa.no
Open: 12/5/17-6/18: Tue-Sat 11-17, Sun 11-18, Mon closed
18/6-12/8: 11-18 13/8-23/9: Tue-Sat 11-17, Sun 11-18. Mon closed
Transport: Visit www.blaa.no
Address: Koboltveien 11, 3340 Åmot
Tel: 32 77 88 00
www.blaa.no

46 Bærum’s Verk

Welcome to Bærum’s Verk, a unique shopping experience in
authentic surroundings! Verksgata with workers’
accommodation from the 18th century now contains shops,
galleries and workshops, and the old foundry is a modern
shopping area with several unique stores. We have several
dining places and a beautiful outdoor area with a large
sculpture park. Historic hiking including entrance to the oven
museum must be booked in advance.

Opening h. for Handelshuset: Mon-Fri 10-20, Sat 10-18
Opening h. for Verksgata: Mon-Fri 10-17, Sat 10-16, Sun 12-16
Transport: Visit www.baerumsverk.no
Address: Verksgata 15, 1353 Bærum’s Verk Tel: 67 13 00 18
www.baerumsverk.no

47 Eidsvoll 1814

The Eidsvoll Building is one of Norway’s most important
national symbols and cultural monuments, as the place
where the Norwegian Constitution was written and adopted in 1814.
A visit to Eidsvoll 1814, the cradle of Norwegian democracy,
gives a vivid insight into the important 1814 story and today’s
Norway. We are known for engaging information dissemination
and have tours in the building for everyone – all year.
Also visit the Democracy Center for Youth. Cafe and Shop.
Price: A130,-/C60,-/S95,-/P95,-/Family ticket 320,-
Open: 1/5-31/8: Mon-Sun 10-17
Opening hours rest of the year: Tues-Fri 10-15, Sat, Sun 11-16
Transport: Train from Oslo S to Eidsvoll Verk station 31 min
Address: C. Ankers vei, Eidsvoll Verk Tel: 63 92 22 10
www.eidsvoll1814.no

48 Fetsund lenser

A nationally protected cultural heritage site and the world’s
only preserved log driving facility. Exciting story about
log driving in the river Glomma (1860-1985). A beautiful
outdoor area with an authentic environment and exhibitions
both inside and out. Cafe with local food, museum shop, playground, forge, work boats and “weakways” in the river.
Nordre Øyeren, one of Northern Europe’s largest inland
deltas, is located here, with 25 different fish species and 270
observed bird species. Good fishing and paddling possibilities.

Price: A40,-/C10,-/Family ticket 80,-
Open: See www.fetsundlenser.no
Transport: 19 min. by train from Oslo S. Parking.
Address: Lundveien 3, Fetsund Tel: 63 88 75 50
www.fetsundlenser.no

49 Forsvarets Flysamling Gardermoen

The Norwegian Armed Forces Aircraft Collection is South
Norway’s largest airplane museum. A unique collection
of 40 aircraft and helicopters shows Norwegian military
airplane history from 1912 until today. A bomber and the
transport machine Junkers Ju 52 are gloomy reminders
of Germany’s invasion. The fighter planes Norway used
during The Cold War are richly represented. We also have
Price: A90,-/C60,-/S75,-/P75,-
Open: Sat-Sun 12-16 (June, July and August also Wed 12-16)
Transport: Bus or train to Oslo Airport, then local bus to Lilleløkken or shuttle bus from platform 39 to S33
Adresse: Museumsvegen 35, Gardermoen
www.flysam.no

50 Hadeland Glassverk

The glass works was founded in 1762. Here you can see glass-
blowing close up and try your hand at glassblowing. Hadeland
Glassverk’s adventure center consists of 13 shops, glass cabin,
glass museum, 2 galleries, 2 cafes, waffle house and bakery.
Exhibitions relevant to modern times. Factory outlet for
glass and porcelain. Idyllic outdoor areas right by Rands-
fjorden. Children’s Farm. Tax-free shopping in all our stores.

Price: Free admission to Glasshyttta
Open: Mon-Fri 10-18, Sat 10-17, Sun 11-18 (summer).
Visit our website for other opening hours.
Transport: Daily buses from Oslo to Hadeland Glassverk.
Visit brakar.no or ring 177 for information.
Address: Glassverksveien 9, 3520 Jevnaker Tel: 61 31 64 00
www.hadeland-glassverk.no
51 Kistefos Museum

The Kistefos Museum consists of an industrial museum, art gallery and sculpture park. Tresliperiet (a paper mill) is the heart of the historical presentation, where several of the machines can be turned on by the audience. The Art Hall offers a new exhibition of influential artists annually. The sculpture park contains sculptures by Norwegian and international contemporary artists. Several of the sculptures provide an interactive and fun experience. The museum also has a climbing park for children. Café and museum shop.

Price: See www.kistefos.museum.no
Open: May-October. See www.kistefos.museum.no.
Transport: Bus from Oslo. See www.kistefos.museum.no.
Address: Samsmoveien 41, 3520 Jevnaker. Tel: 61 31 03 83
www.kistefos.museum.no

52 Solvgruvene og Norsk Bergverksmuseum

The Silver Mines at Kongsberg is one of Norway’s largest protected cultural monuments above and below ground, and was founded in 1623. Today 300 mine shafts are still intact, and between 1500-2000 prospect tunnels and 1000 km of mine tunnels vertically and horizontally. The museum has the world's largest collection of native silver and other minerals that occur in the silver deposits. At The Mines there are, in season, daily guided train rides into the king’s mine, 2.3 km into the mountain.

Tickets, opening hours and train departures: See www.norsk-bergverksmuseum.no
Transport: Train to Kongsberg station or car 1.5 hours’ drive from Oslo
Address: Hyt tegata 3, 3616 Kongsberg Tel: 91 91 32 00
www.norsk-bergverksmuseum.no

53 Oslo Klatrepark

Welcome to breathtaking adventures in beautiful, wild nature! The park offers exciting challenges that result in increased self-confidence and a great sense of achievement. Challenge your comfort zone and conquer your fears. We have 9 tree top climbing routes from 0.6 to 14 m. above the ground. Each route has its own difficulty level, with different obstacles and ziplines. Safety is paramount: Guests will receive basic training, a helmet and climbing equipment.

Price: A310,-(12y+)/C260,-(6-11y)/C Free! (3-5y)
Open: See www.osloklatrepark.no
Transport: Metro 4/5 to Vestli. Buss 301/321 to Skillebekk
Address: Trondheimsveien 644 Tel: 46 90 90 64
www.osloklatrepark.no

54 TusenFryd

Enjoy an unforgettable family day out at TusenFryd Amusement Park. Try our latest exciting attraction, Ragnarok – An experience for the whole family. Other exciting rides include SpeedMonster, SuperSplash, ThunderCoaster, Space-Shot and Spin Spider for a true “adrenalin kick”. At BadeFryd the pools and slides are warmed to 25 °C. TusenFryd offers a variety of popular attractions for families with younger children. Activities available for children of all ages.

Price: Visit www.tusenfryd.no
Open: Open from May to October
Transport: Bus 500 from Oslo Bus terminal.
Address: 1407 Vinterbro Tel: 64 97 64 97
www.tusenfryd.no

Henie Onstad

Henie Onstad art centre is a leading venue for national and international contemporary art, with a broad focus on exhibitions, music and activities, in addition to a central art collection and a large sculpture park.

Experience the art, go for a walk in scenic surroundings and have a snack at the restaurant. Throughout the summer there is outdoor seating and opportunities to have a swim at the art centre's beach. You can book guided tours in Norwegian and English, solve creative tasks in The Lab or take a tour of the museum shop, which sells beautiful Norwegian design products.

15 minutes from Oslo
ONE OF NORWAY’S MOST VISITED TOURIST ATTRACTIONS!

The Holmenkollbakken ski jump has a spectacular and modern design and is an important landmark in Oslo. From the top of the tower you can enjoy stunning panoramic views of Oslo city and its surroundings. Nudged into the mountain below the ground is the world’s oldest ski museum. Here you can experience skiing before and now, polar heroes, an interactive exhibition, and modern skiing.

Experience the Ski Museum’s latest exhibition, “Vær og føre - føre var”, a playful exhibition about weather and climate change. The attraction Kollensvevet, a zip-line that allows you to “jump” from the top of the tower and down the hill, is an airy (literally!) experience you won’t want to miss. Kollensvevet opens at the end of March and stays open through autumn. For opening hours and information: www.kollensvevet.no

Did you know that in the time it took you to read this sentence, your body has produced 85 million new cells?

In the Cancer Society’s Science Centre, you will learn how the body’s 35 billion cells labour to ensure that your body functions. Interactive installations show you the mysteries of the body and how cancer can be understood, prevented and treated. What are the facts, what are myths and how can technology help us now and in the future?

We are based in Kongens Gate 6 in Oslo city center. Free admission.
For opening hours, see: www.kreftforeningensvitensenter.no
SHOPPING

Oslo has everything from fashionable brands and large shopping centres to small niche boutiques selling unique and original products.

Design and interior
Norwegian and Scandinavian designs are well known. Norway Designs, Pur Norsk and House of Oslo are among some of the best places in Oslo for design enthusiasts. The David-Andersen jewellery chain also has a number of shops in Oslo offering both their own articles as well as famous brands.

Luxury and fashion
The area around Nedre Slottsgate and Egertorget stands out as the city’s most exclusive shopping area, with flagship stores such as Gucci, Marc Jacobs and Louis Vuitton. At Paleet, Eger Karl Johan and Steen & Strøm you can revel in various floors of fashion boutiques.

Vintage and second hand
Markveien at Grünerløkka is the number one stop for vintage shopping, with an array of second hand shops such as Ny York design & 2nd hand, Robot, Frk Diana Salonger and Fretex Unika. Velouria Vintage, in Thorvald Meyers gate, is definitely worth a visit.

Souvenirs and craftwork
Heimen Husfliden are traditional stores that offer high quality handmade Norwegian products. Norway Shop also has a vast selection of knitted sweaters and souvenirs.

Shopping centres and shopping streets
The big shopping centers Oslo City, Byporten and Storo Storsenter have everything you need in one place. In the newly refurbished shopping streets of Bogstadveien and Aker Brygge there are a lot of exiting clothes stores that you can’t find anywhere else in the city.

Get up to 19% back on products you purchase with Tax Free
FOOD & DRINK

Oslo has a diverse food culture that is reflected in the city’s restaurants, and more and more of them focus on Norwegian flavors, ingredients and food traditions. In the Mathallen food hall at Vulkan you can shop and taste both Norwegian foods and imported delicacies.

Restaurant-Oslo’s pride is Maaemo, which has three stars in the Michelin Guide and is a marker for the trend of short-traveled, organic, quality ingredients at the city’s eateries.
**Frognerseteren**

Frognerseteren is a historical landmark with long traditions and is on top of Holmenkollen, with the city’s best view. Get a little taste of country life a short subway-trip out of Oslo. 435 meters above sea level you can relax in the sun, or in one of our traditional rooms, made with solid timber. Frognerseteren is a good place after a long day at work, whether you choose Kafe Seterstua or à la carte dining in Restaurant Finstua. We offer a wide range of dishes from our abundant food menu, prepared according to good old recipes. Welcome to Frognerseteren, it just has to be experienced!

Holmenkollveien 200 - 22 92 40 40
www.frognerseteren.no

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**Argent Restaurant**

At the Argent restaurant, located in the Opera house, it’s all about culinary art and quality. We allow for the best raw ingredients and flavours to come into their own in a relaxed and harmonious environment. Our head chef composes seasonal menus that are created with tradition and innovation in mind. We promise you an exciting culinary experience, whether you’re enjoying our range of mini-dishes or a delicious meal, or if you’re just here for a show. At Argent you’re never too far from the orchestra, no matter what. Welcome to Argent Restaurant!

Kirsten Flagstads plass 1 - 21 42 21 42
www.argentrestaurant.no

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**Festningen Restaurant**

Festningen restaurant has a magnificent view over Aker Brygge and the Oslo fjord from the base of Akershus fortress. Nowadays the restaurant stands out as an elegant but unassuming brasserie, with an exciting and dynamic selection of wines and menus reflecting the season’s best ingredients. We offer delicious tasting experiences in a snug and informal atmosphere for lunch and dinner, six days a week. We have a “chambre séparée” that caters for up to 50 guests, and an intimate room, connected to our wine cellar, which sits up to 12 people. Our fjord-side outdoor area can sit up to 300 guests.

Myntgata 9 - 22 83 31 00
www.festningenrestaurant.no

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**Grand Café**

The Grand Café opened its doors in 1874, back when Oslo was called Kristiania. The café was the place of choice for Henrik Ibsen, Roald Amundsen, Knut Hamsun, Gustav Vigeland and Fridtjof Nansen, as well as for a number of other Kristiania bohemians. The new Grand Café is a restaurant with a rather special atmosphere. The main dining area, with its high ceilings, can sit 200 guests. We serve breakfast, lunch and dinner, and cater to all occasions. The new wine cellar is the perfect meeting place for a glass of wine and nibbles after work, wine courses and private arrangements for groups of all sizes.

Welcome to a new era at the Grand Café.

Karl Johans gate 31 - 981 82 000
www.grandcafeoslo.no

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**Gamle Raadhus**

Oslo’s first town hall was built in 1641 and today houses Gamle Raadhus Restaurant, which has been an inn since 1856. We serve lunch and dinner, with a focus on select Norwegian ingredients from local producers and prepared with culinary expertise. Whether in the cozy and newly restored Lauritz Ruus Bar, on the idyllic Raadhusgaarden terrace, or in our rustic wine cellar, you can enjoy seasonal local produce with a glass of good wine. We are open for lunch and dinner Monday-Saturday.

Nedre Slottsgate 1 - 22 42 01 07
www.gamleraadhus.no

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**Hard Rock Café**

Since its opening in London in 1971, the Hard Rock Café has become a global phenomenon. There are now over 180 Hard Rock restaurants, live arenas, hotels and casinos in over 54 countries. Despite shifting trends, the Hard Rock Café has managed to hold on to its position as a trendy establishment. At the Hard Rock Café you can enjoy American food and excellent music. We’ve also recently opened a new sports bar in our basement with 6 shuffleboards. We’ll give you the rock’n’roll experience of a lifetime!

Karl Johans gate 45 - 40 00 62 60
www.hardrockcafe.no

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**Kafé Oslo**

As the heart of Litteraturhuset, where the capital’s cultural milieu gathers, Kafé Oslo serves traditional Norwegian food and international-inspired dishes. You can enjoy a classic three course dining experience, or simply have a snack and a glass of something to ease the mind after one of the many cultural events and debates in the house. Informality is the key word – where famous writers and others interested in current affairs drop by to mingle and discuss across the generation gap. Here is also a reading room with a wealth of magazines and games.

Wergelandsveien 29 - 21 54 85 71
www.kafeoslo.no

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**Argent Restaurant**

We offer a wide range of dishes from our abundant food menu, prepared according to good old recipes. Welcome to Argent Restaurant!

Kirsten Flagstads plass 1 - 21 42 21 42
www.argentrestaurant.no

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**Festningen Restaurant**

Welcome to Frognerseteren, it just has to be prepared according to good old recipes.

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Wergelandsveien 29 - 21 54 85 71
www.kafeoslo.no
**Kaffistova**
Kaffistova serves traditional Norwegian food and is one of the oldest cafes in Oslo. Since its opening in 1901, Kaffistova has served what Norwegians often eat at home, including our renowned open-face sandwiches, meat balls, steamed salmon and many other Norwegian specialties such as potato dumplings and sour cream porridge. We also sell fresh pastries. Kaffistova is conveniently located close to Karl Johans gate and Stortinget (Parliament) and is easy to find. Guests with an Oslo Pass will receive a 20% discount. We wish you warm welcome to good Norwegian food!

Rosenkrantz’ gate 8 - 23 21 41 00  
www.kaffistova.no

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**Lory**
Lory is one of Oslo’s most popular and mythical restaurants, with history dating back to 1880. Known for tasty and traditional dishes, served in generous portions, and over 200 beers. The restaurant has a wide-ranging Norwegian and international menu. Today it is no less than an institution in the capital, with its two floors where all walls, ceilings and stairs are covered with over 200 works of art. Lorry appeals to a wide audience, people from east and west Oslo, young and old, politicians, business people, journalists, actors, writers, artists, cultural luminaries, and many, many others.

Parkveien 12 - 22 69 69 04  
www.lorry.no

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**Magic Ice Bar**
The “hottest” place to cool yourselves down! Use one of our warm ponchos and some gloves to venture into the Ice bar. Magic Ice has entertained visitors in the Caribbean and northern Norway for 14 years. Magic Ice is a wondrous world built out of tonnes of ice. The ice bar is created by world renowned ice artists who take the bar apart and rebuild it several times a year. The end result is a fantastic ice-blue world that guests can revel in. Magic Ice is the door into a fairy tale world, where you can enjoy a complimentary drink with that feeling of sitting at the North Pole. Booking@magiciceoslo.no.

Kristian IV’s gate 12 - 920 31 300  
www.magicice.no

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**Peppes Pizza**
We offer our original classics with deep crust, Classic Chicago or our new Freestyle California pizza series with a thin sourdough crust. We also have a variety of other dishes on our menu such as tasty salads, Peppes Burgers and Calzone. Come and enjoy our informal and cosy atmosphere. Welcome to Peppes!

Oslo S - Kørenslyst allé 18  
Holmen, gate 5 - Stortingsgaten 4  
Larenveien 42 - Nydalsveien 36  
Henrik Ibsens gate 100  
Karl Johans gate 1  
2222 5555  
www.peppes.no
**Restaurants in the Paleet**

Paleet, and the restaurants within it, is located on Karl Johans. **Taqueria**, just by the entrance, offers genuine Mexican, hot food and vivid colours – an un-Norwegian and rebel atmosphere. The food basement also includes a number of exiting eateries from different corners of the world. **Pizza Crudo**: The original Italian pizza, authentically prepared with passion and flavour. **Sabaki**: a visual and gastronomical experience of Japanese cuisine. Sushi, as well as dishes prepared with rob-batayaki and teppanyaki. **Public Matpub**: Gastropub with micro brewery and exciting beers and good food. **The Room Café** is on the second floor, a continental café with hand brewed coffee, sandwiches and cakes. **Solsiden Restaurant** is a seafood restaurant that uses only the best produce the Norwegian coast has to offer. As well as a wide variety of fish, we always have Seafood Platter on the menu. This is our speciality consisting of oysters, coquille St. Jacques, crab, mussels, prawns, Norwegian crayfish (when available), lobster and red king crab. We also have an extensive wine list with more than 250 wines. **Ekebergrestauranten** lies in the hills overlooking Bjørvika, the waterfront and the medieval park. Experience the panoramic views of the Oslo fjord, the islands, the Opera, the city and Holmenkollen. The building’s various eateries cater to everyone’s needs. The establishment includes a bar/lounge, conference and meeting facilities, party and wedding spaces, and a stunning fine dining veranda on the second floor. Our vision is one of flexibility and quality in all areas, and our goal is to deliver that little extra to our food and surroundings.

**Solsiden Restaurant**

Solsiden has an open and airy location at the centre of the Opera foyer, which makes this restaurant an excellent spot to enjoy the Opera’s elegant architecture and lively atmosphere. Winter makes for a cozy ambiance, with spectacular views over the Oslo fjord which are in a league of their own, no matter the weather. We serve our hot and cold à la carte menu all day long. Why not order some food during brakes at the Opera. Our outdoor serving area is open all summer long for you to enjoy the wonderful views. **The Scotsman**

The recently refurbished Scotsman focuses on good, traditional pub food and a broad selection of draught and bottled beers. Our aim is to provide the best of pub culture, and to be an inclusive meeting place in the heart of the city. We cover all needs from sports coverage, pub games and after-work drinks, to live music and a discotheque for late-night revellers. The Scotsman has something for everyone, and once you’ve been here we’ll guarantee you’ll come back again and again.

**Tjuvholmen Sjømagasin**

On Tjuvholmen - “the islet of thieves” - as close to the water and the fjord as you can come, with a view of the Astrup Fearnley Museum, you will find Tjuvholmen Sjømagasin. Their ethos is quality and a passion for seafood. They want to be an experience centre for food. The restaurant offers everything from the sea’s treasures sold by the kilo and a light meal in The Fish Shop, to lunch with business connections, family gatherings and larger groups. Experience a different fish and shellfish concept.

**Vaaghals**

Vaaghals was one of the first restaurants to open in the Opera neighbourhood, which is generally referred to as Barcode. The restaurant takes its name from the historical discovery of the boat that was excavated in the area. Vaaghals has been a melting pot for unique Norwegian ingredients and good Norwegian and international dishes since 2014. The food we serve is the kind we would want to serve to our best friends. A good meal is the coming together of good flavours and good atmosphere. This is the place to spread the vibe whilst enjoying a friendly chat and a drink.
Bjørvika and Sørenga
The new high-rise buildings in the Barcode have radically redefined Oslo’s skyline. The cluster of long and narrow buildings resembles a barcode. The National Opera and Ballet and its award winning building, by Norwegian architecture firm Snøhetta, is also to be found in Bjørvika. The Opera is one of Oslo’s biggest attractions, and visitors are welcome to stroll up and along the roof to enjoy the views. Adjacent to the Opera is Sørenga, a modern neighbourhood with new apartment blocks, canals, cosy parks and Oslo’s very own sea pool.

Tjuvholmen
Over 20 different architects contributed to designing the buildings that make up Tjuvholmen, a new, modern neighbourhood by the seafront just past Aker Brygge. On the outmost point lies one of Oslo’s main attractions, the Astrup Fearnley Museum, created by master architect Renzo Piano, and consists three pavilions under one big glass sail. The exclusive The Thief hotel is also to be found in this area.

Vulkan
One of Oslo’s most interesting city development projects is Vulkan. Innovative and environmentally friendly architecture defines this urban neighbourhood. Amongst the apartment and office blocks lies Mathallen, a food market set in the remains of an old factory. The Norwegian Museum for Design and Architecture (DoGA), a must for architect enthusiasts, is located just down the road on the banks of the Akerelva river.

Holmenkollen
The famous ski jump at Holmenkollen was rebuilt for the 2011 Skiing World Cup. The facility, which includes the world’s oldest ski museum, was designed by the Danish firm JDS Architects. There are wonderful panoramic views of Oslo from the top of the ski-jump.

ARCHITECTURE
Oslo has become a capital of contemporary architecture. In recent years, the city has been enriched with several modern landmarks designed by world-renowned architects.
Oslo’s nightlife is diverse, with each neighbourhood displaying its own particular style. Oslo has great pubs, bars and clubs and thousands of concerts.

City centre and Karl Johans gate
Find your way to some of the most popular bars and clubs in Oslo city centre. Including a number of famous jazz and blues clubs like Herr Nielsen and Nasjonal Jazzscene.

Grünerlokka
Grünerlokka lies north-east of the city centre. It’s a place where concert halls like Blå and Parkteatret are an integral part of the nightlife. Many of the neighbourhood’s bars and cafés transform into cool hangouts in the evening. The number of pubs that brew their own beers has continued to grow steadily over the last couple of years.

Gronland
The east side of town is a fresh mix of laid-back clubs with varying music, like Dattera til Hagen, as well as a number of local pubs that offer some of Oslo’s cheapest beer.

Youngstorget
North of the city centre lies a sea of bars and concert halls, many of them playing alternative/rock orientated music, like Café Mono and Revolver.

Aker Brygge and Tjuvholmen
These fashionable neighbourhoods along the seafront are full of trendy bars and restaurants like Thief Bar and Ling Ling. On sunny summer days, Lekter’n and other eateries are full of people having a great time.

Frogner og Majorstua
Oslo’s west side is the place for exclusive partying with fancy outfits and expensive drinks. Solli plass and Hegdehaugsveien are generally bustling with people during the weekends.

Gay Oslo
Oslo’s diverse nightlife includes a vibrant gay-scene. Enjoy good food and drinks at Ett Glass, visit the forever young London Pub, or check out the mood at nightclubs Elsker and Score.
Norwegians drink more coffee than most, and Oslo is the capital city of coffee lovers.

The enthusiasm for coffee is demonstrated by zealous professional coffee makers, and the sheer number of independent coffee shops that serve espresso drinks that many believe are enough to justify a visit to Oslo on their own.

World champions in barista art import, roast and grind the beans with enthusiasm and extreme precision. Focus is given to techniques and flavours. Individual variations of roasting and filter packing techniques make coffee in Oslo something worth exploring.

For an extraordinary coffee experience, try one of the following:

**Tim Wendelboe**
Grünerløkka

**Mocca Kaffebar & Brenneri**
Briskeby

**Java Espressobar & Kaffeforretning**
St. Hanshaugen

**Fuglen**
Pilestredet

**Supreme Roastworks**
Grünerløkka

**Hendrix Ibsen**
Vulkan
WHAT’S ON?
Oslo’s rich cultural and sports scene makes it a year-round destination.

Festivals
Pop and rock headline at the big summer festivals Norwegian Wood (June), Øyafestivalen (August) and Granittrock (September). Fans of other genres will find their own festival at the International Church Music Festival (March), the Inferno Metal Festival (March/April), Oslo Jazzfestival (August), Chamber Music Festival (August), ULTIMA Contemporary Music Festival (September), and Oslo World Music Festival (Oct/Nov). There are also festivals for movies, food and drinks, literature, dance, opera, and much more.

Sport
In March, Holmenkollen hosts the World Cup in cross country skiing, ski jumping, Nordic combined and biathlon. In June, the world elite in athletics arrive in Oslo to compete in Bislett Games, and the football tournament Norway Cup at the turn of July-August is one of the world’s largest sports events for children and youth.

Nobel Peace Prize
The Nobel Peace Prize is celebrated every year on the 10th and 11th of December in Oslo, with the award ceremony in City Hall followed by a torchlight parade and concert to honour the winner. Visit the Nobel Peace Centre throughout the year for exhibitions about the famous prize.
Concerts
Oslo has one of Europe’s most exhilarating event calendars, with an unusual amount of venues and concerts.

Oslo Spektrum and the Telenor Arena regularly host concerts for world famous artists and the famous Rockefeller stage and Sentrum Scene have weekly concerts with known national and international names. The Oslo Philharmonic plays at Oslo Konserthus, which also hosts big names from the world of classical music and jazz. Among the many jazz clubs in Oslo, the magnificent Gamle Logen is worth mentioning.

Opera, ballet and dance
Experience opera, ballet and concerts of the highest artistic quality at the Norwegian Opera and Ballet in Bjørvika. Dansens Hus at Vulkan offers a varied program with an emphasis on contemporary dance.

Theatre and shows
The major theatre institutions Nationaltheatret, Oslo Nye Teater and Det Norske Teatret have a total of ten stages, and together with the city’s more experimental stages they ensure that the city has a rich theatre offering. If you prefer musicals, shows and standup, Folketeatret and Latter at Aker Brygge have big performances almost year round.
Get closer to
Edvard Munch at the National Gallery
Share your experience #nasjonalmuseet
**ANBEFALTE BILLETTER FOR TURISTER**

**Enkeltbillett forhåndskjøpt**

For en sone. Gyldighet 1 time.

**24-timersbillett**

For sone 1. Begge billettene er gyldige på T-bane, trikk, buss, båt og tog.

**HVORDAN KJØPE BILLETTER**


Husk å aktivere billetten når du starter reisen. Det gjør du ved å holde kortet rolig inntil kortleseren.

**TICKETS RECOMMENDED FOR TOURISTS**

Single ticket for one zone. Valid for 1 hour.

24-hour ticket for Zone 1. Both tickets are valid on the Metro, trams, buses, ferries and trains.

**HOW TO BUY TICKETS**

The tickets are available on an Impuls card which you can buy at our ticket machines. Tickets can also be bought at Narvesen, Deli de Luca, 7-Eleven and at our customer service centre at Jernbanetorget.

Remember to activate your ticket when you start your trip. Do this by holding still against the validator.