



WELCOME TO OSLO

A world leading port city, wishing cruise guests welcome



Port of Oslo



Oslo

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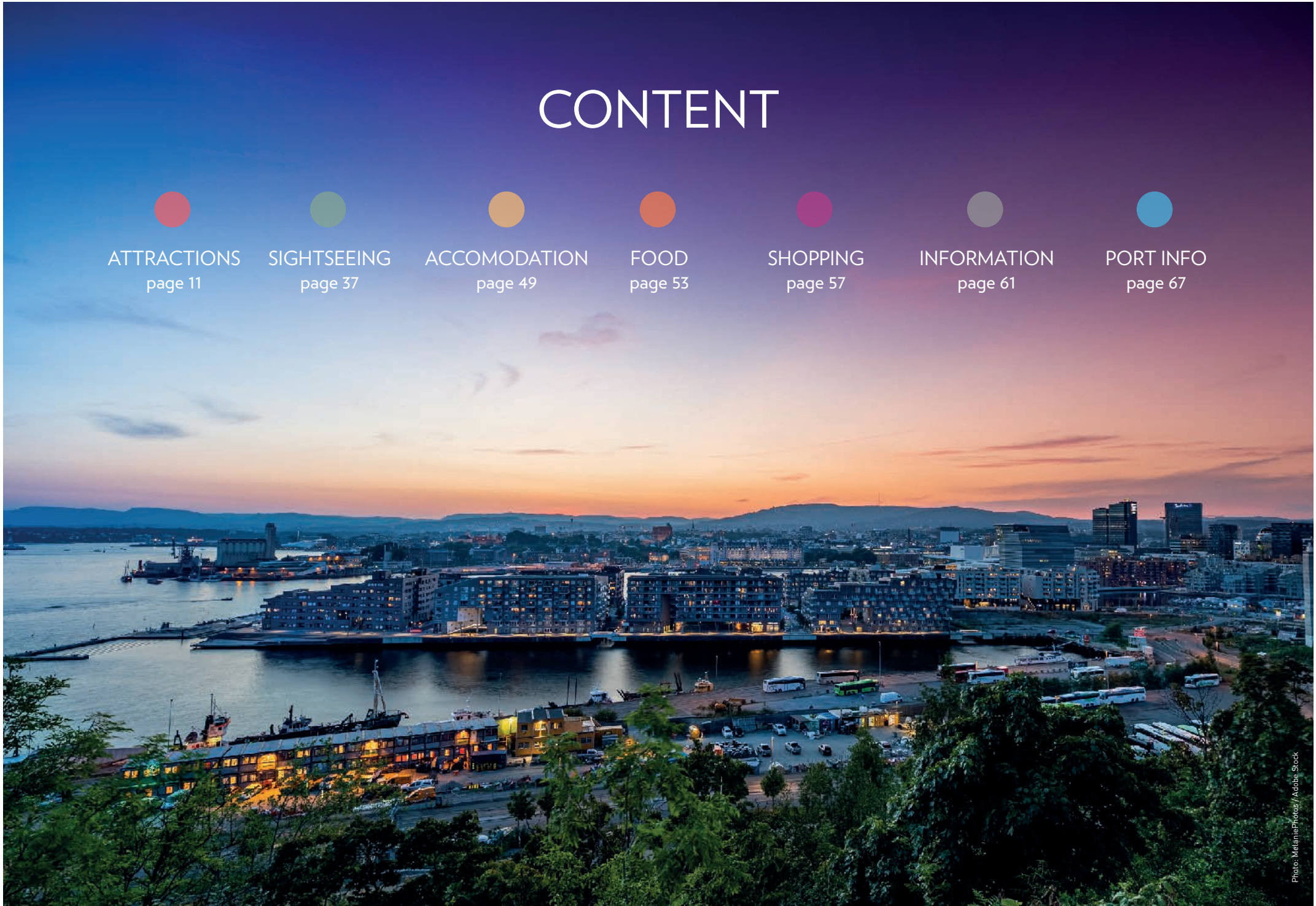
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OSLO

PRE / POST CRUISE

Why Oslo is the Perfect Gateway for Your Norwegian Cruise

Oslo, the vibrant capital of Norway, is the ideal starting point for cruises along the stunning Norwegian coastline and to the majestic Svalbard. Here are compelling reasons why cruise lines should include a pre- or post-cruise stay in Oslo:

Excellent Connectivity: Oslo Airport offers numerous international routes, making it easily accessible for travelers from around the world. The efficient transport links between the airport and the city center ensure a smooth and hassle-free journey for your guests.

Rich Cultural Experience: Oslo boasts a wealth of attractions and experiences. From the historic Akershus Fortress to the modern Opera House, and the fascinating Fram Museum, there is something for everyone. The city's vibrant cultural scene and rich history provide a perfect introduction to Norway.

Gastronomic Delights: Oslo is renowned for its diverse culinary offerings. Whether your guests are looking for traditional Norwegian cuisine or international flavors, the city's restaurants and cafes cater to all tastes. A stay in Oslo promises a delightful culinary journey.

Convenient Starting Point: Including Oslo as a pre-cruise destination allows your guests to acclimate and relax before embarking on their cruise. It also provides an opportunity to explore the city's unique charm and beauty, setting the stage for an unforgettable journey along the Norwegian coast and beyond.

By incorporating a stay in Oslo, cruise lines can enhance their guests' overall experience, offering them a seamless and enriching start to their Norwegian adventure. Make Oslo the gateway to your next cruise and let your guests discover the magic of Norway from its very heart.

A COMPACT, GREEN & FUN CAPITAL

Oslo is one of the fastest growing capitals in all of Europe, with amazing changes going on in everything from local cuisine to architecture. Combine this with excellent attractions and a rare closeness to nature, and you have a cruise destination quite out of the ordinary.

Two cruise piers, Revier pier and Filipstad pier, located. right in the city centre.

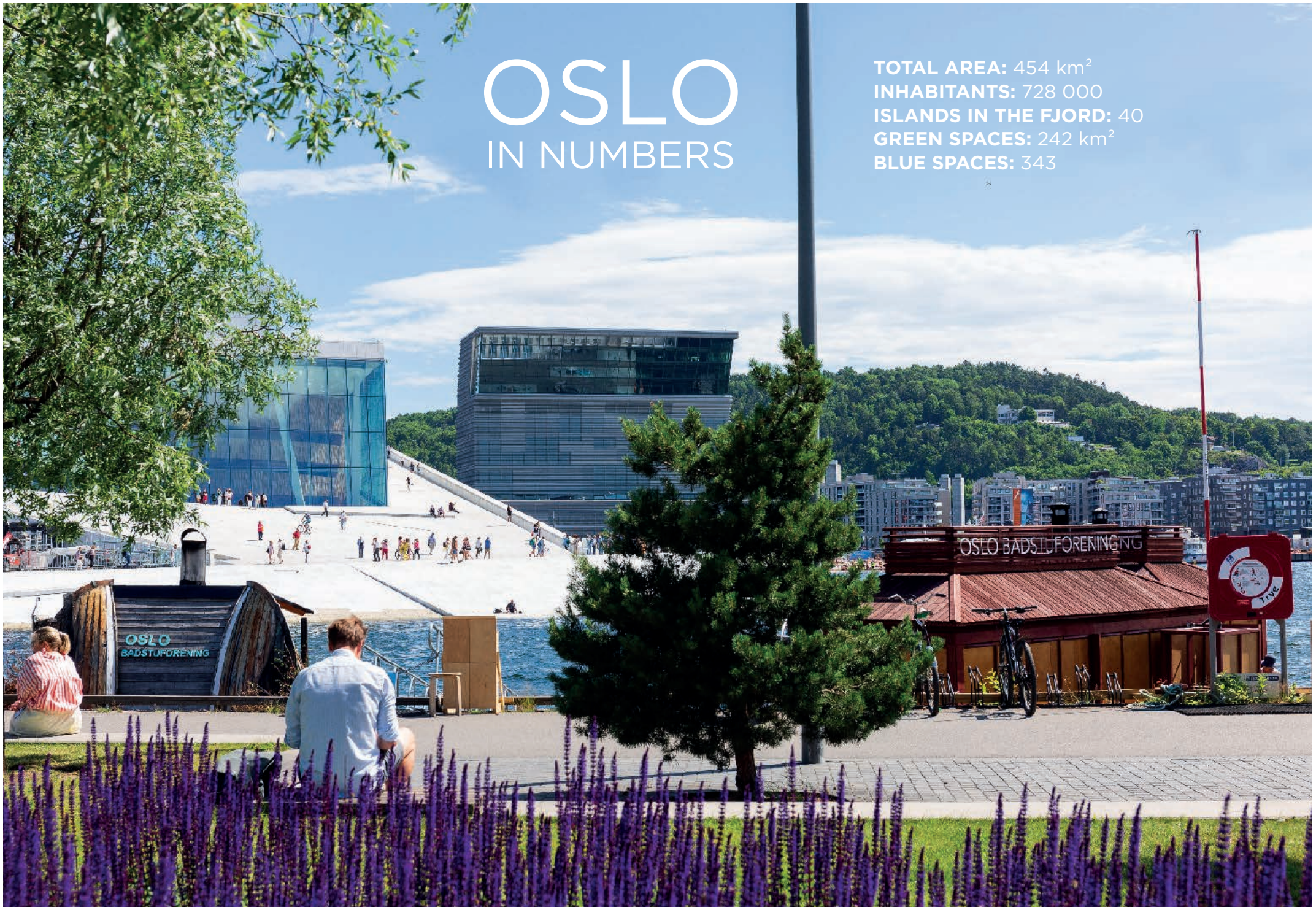
Walk along the quay in one direction, and you'll soon hit the lively Aker Brygge wharf and the Tjuvholmen district with its state-of-the-art architecture. Walk the other way, and you can enjoy wonderful views from the roof of Oslo's famous Opera, and MUNCH. A ten-minute ferry ride takes you to the Bygdøy peninsula, where some of the city's most popular attractions await.

OSLO



OSLO IN NUMBERS

TOTAL AREA: 454 km²
INHABITANTS: 728 000
ISLANDS IN THE FJORD: 40
GREEN SPACES: 242 km²
BLUE SPACES: 343



SCENIC ENTRANCE

*Glide between small islands
with colorful cabins and wild
natural beauty. Behind them lies
the city with its varied shoreline,
where historic landmarks
harmonize with modern
architecture.*



Oslo has two cruise piers located right in the city centre



OSLOFJORDEN

Visslemestad
B22

Kavringen fyr

Ekeberg can



SUSTAINABLE OSLO

Oslo's reputation as a green city is due to a lot more than its many parks and surrounding forests. Urban planners, politicians and businesses of different kinds all work hard to reduce Oslo's carbon footprint and ensure a sustainable future for everyone. Oslo was awarded the title European Green Capital 2019. In 2022 Oslo ranked as number one on the Arcadis Sustainable City Index, and according to the Global Destination Sustainability (GDS) -index criteria, Oslo was ranked the second most sustainable destination for tourism and events in the world in 2023.



A PIONEER

Oslo is a pioneer in sustainable development and has implemented some of the most effective environmental measures in Europe, including an annual climate budget which requires the authorities to account for carbon emissions in a similar manner to its finances. The city has pledged to become a carbon neutral city by 2030.

SUSTAINABLE CITY PLANNING

Oslo is one of the fastest growing capitals in Europe, and has seen a lot of large construction projects over the last few decades. Sustainability has been a guiding principle for many of them.

CAR-FREE URBAN LIVING

Oslo's politicians play an important role in the city's ongoing green turn. Through their initiative 'Car-free city life', the local government has limited street parking and city traffic to make room for bikes, benches, green lungs, block parties and other things that make people happier and the air cleaner.

PORT OF OSLO

The Port of Oslo will contribute to long-term sustainable development by facilitating efficient and environmentally friendly port operations and encouraging the use of clean energy, and innovative infrastructure. The Port of Oslo will achieve sustainable growth while increasing port calls, and cargo and passenger volumes without contributing to more greenhouse gas or local air emissions

THE HARBOR PROMENADE

Oslo's new harbor promenade combines sightseeing, history, art, architecture, and a little bit of adventure.

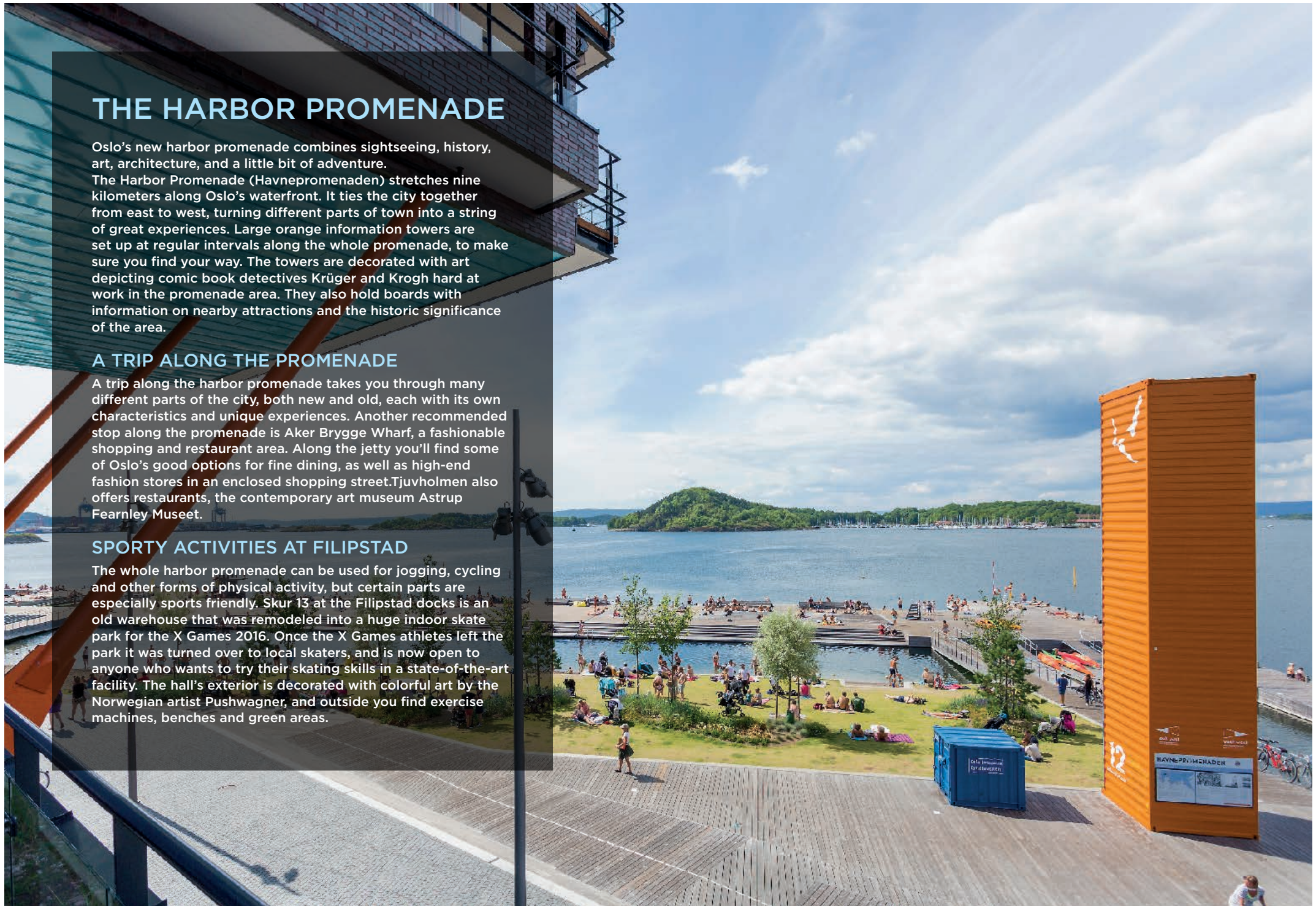
The Harbor Promenade (Havnepromenaden) stretches nine kilometers along Oslo's waterfront. It ties the city together from east to west, turning different parts of town into a string of great experiences. Large orange information towers are set up at regular intervals along the whole promenade, to make sure you find your way. The towers are decorated with art depicting comic book detectives Krüger and Krogh hard at work in the promenade area. They also hold boards with information on nearby attractions and the historic significance of the area.

A TRIP ALONG THE PROMENADE

A trip along the harbor promenade takes you through many different parts of the city, both new and old, each with its own characteristics and unique experiences. Another recommended stop along the promenade is Aker Brygge Wharf, a fashionable shopping and restaurant area. Along the jetty you'll find some of Oslo's good options for fine dining, as well as high-end fashion stores in an enclosed shopping street. Tjuvholmen also offers restaurants, the contemporary art museum Astrup Fearnley Museet.

SPORTY ACTIVITIES AT FILIPSTAD

The whole harbor promenade can be used for jogging, cycling and other forms of physical activity, but certain parts are especially sports friendly. Skur 13 at the Filipstad docks is an old warehouse that was remodeled into a huge indoor skate park for the X Games 2016. Once the X Games athletes left the park it was turned over to local skaters, and is now open to anyone who wants to try their skating skills in a state-of-the-art facility. The hall's exterior is decorated with colorful art by the Norwegian artist Pushwagner, and outside you find exercise machines, benches and green areas.





.....
ATTRactions
.....

*Experience
International
Contemporary
Art and
Architecture
in the heart
of Oslo!*



1. ASTRUP FEARNLEY MUSEET

Founded in 1993, the Astrup Fearnley Museet is one of Scandinavia's most notable museums for contemporary art. The museum holds the extensive Astrup Fearnley Collection and presents changing exhibitions that draw on the collection and feature new commissions by artists from all over the world. The museum building, designed by Renzo Piano, is beautifully located by the fjord. In addition to seeing the exhibitions, be sure to stop by the museum shop, the restaurant VentiVenti, and take a walk in Tjuvholmen sculpture park. Guided tours of the exhibitions are available. Entry is free for our youngest visitors up to 20 years old.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

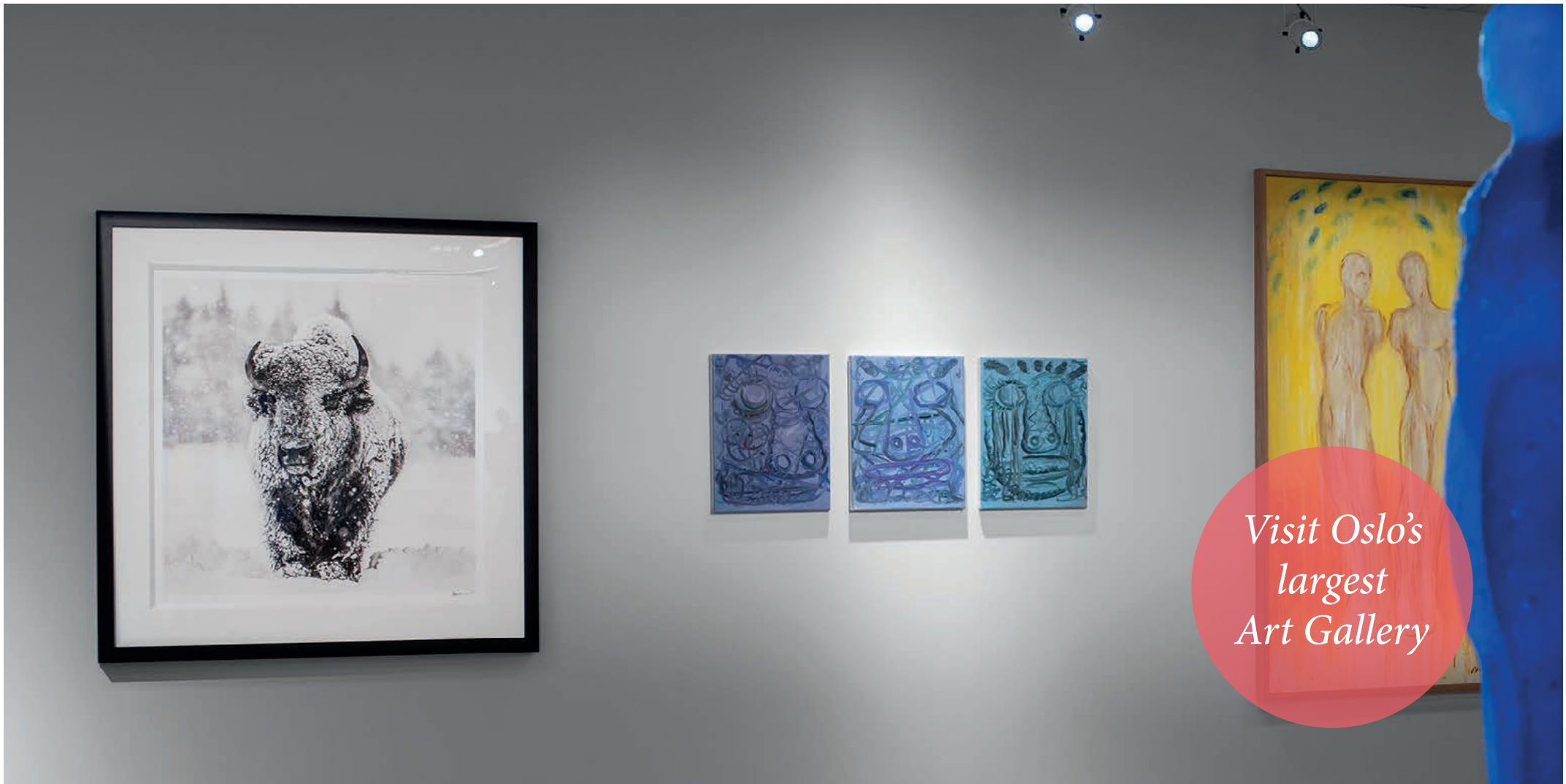
CAPACITY: 30 people pr. guide

SEASON: All year

ADDRESS: Strandpromenaden 2

E-MAIL: info@afmuseet.no

www.afmuseet.no



2. FINEART GALLERY

Fineart Gallery is an Oslo based gallery specialising in contemporary and modern art, and one of the leading galleries in Norway. Fineart Gallery has a great dedication to support and showcase the work of established and emerging artists, both national and international. The artists that are part of Fineart are all acclaimed artists in their fields. They work in a range of mediums such as painting, sculpture, photography, jewellery and graphic works. Our artists are carefully selected based on the quality of their work and their artistic dedication. Our flagship gallery is located seaside on Tjuvholmen, in Oslo's gallery district. With 2000 square meters.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 200 per group

SEASON: All year, free entrance

ADDRESS: Filipstad Brygge 2

E-MAIL: galleri@fineart.no

www.fineart.no



Over 3000 swords has been found from the Viking Age in Norway. At the museum you can see the most exquisite ones

3. THE HISTORICAL MUSEUM

What can historical objects tell us about the people of the past?

Take a journey through our house of many wonders: step into the world of the Vikings and see their exquisitely crafted weapons and stunning jewelry. Explore our beautiful stave church portals and learn about the Norwegian medieval period. At The Historical Museum, you can also gain insight into wonderfully diverse cultures from across the world in our ethnographic exhibitions.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 500 people

SEASON: All year

ADDRESS: Frederiks gate 2

E-MAIL: postmottak@khm.uio.no

www.khm.uio.no



*Visit the
world famous
playwright
Henrik Ibsens
home*

4. IBSEN MUSEUM & TEATER

See the 12-room spacious apartment with authentic objects and furniture. Hear tales of Ibsen's life and discover how the extraordinary playwright continues to shape our live today. Every tour is led by one of our expert tour guides in English and is suitable for all ages. Drop in or prebook a tour for your group at ibsen@norskfolkemuseum.no.

Visitors are also invited to explore the exhibition "I'd Rather Ask" on their own, which provides a deeper insight into Ibsen's thoughts, inspirations, and creative process, as well as displaying iconic personal objects.

Our brand-new theater is well suited for events, contact us for availability.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 15 people per guide

SEASON: All year

ADDRESS: Henrik Ibsens gate 26

E-MAIL: ibsen@norskfolkemuseum.no

www.ibsenmt.no



Get close to the earliest version of Edvard Munch's iconic painting The Scream.

5. THE NATIONAL MUSEUM OF ART, ARCHITECTURE AND DESIGN

As the largest art museum in the Nordics, the National Museum is a must-see destination. Here, you can explore art, architecture, and design from antiquity to the present. Highlights include a rich selection of Edvard Munch's most significant works, as well as iconic pieces by Norwegian masters such as Harriet Backer, Christian Krohg, and Theodor Kittelsen. After the exhibitions, relax in the café or enjoy a meal in the restaurant by the museum square. And don't miss the rooftop terrace in summer, where panoramic views of Oslo's harbour promise the perfect finale to your visit.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

SEASON: All year

ADDRESS: Brynjulf Bulls Plass 2

E-MAIL: info@nasjonalmuseet.no

www.nasjonalmuseet.no/en

*The
World`s most
prestigious
award*



Photo: Johannes Granseth

6. NOBEL PEACE CENTER

Visit the Nobel Peace Center and get inspired by the people who changed the world!

A one-of-a-kind museum located in the heart of Oslo, this is the place to learn about the remarkable Nobel Peace Prize laureates and the history of the Nobel Peace Prize. Through engaging exhibitions and events, the Nobel Peace Center inspires actions towards a more peaceful world. It is situated in the heart of Oslo, right next to the City Hall, where the Nobel Peace Prize ceremony is held every year in December.

The museum shop offers unique and fairtrade products.

Guided tours are available, please book in advance for groups. Welcome!

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Up to 30 people per group

SEASON: All year

ADDRESS: Brynjulf Bulls plass 1

E-MAIL: booking@nobelpeacecenter.org

www.nobelpeacecenter.org



*Experience an historic journey!
See an original page from a Gutenberg bible!*

7. THE NORDIC BIBLE AND BOOK MUSEUM

The Nordic Bible and Book Museum is the only bibelmuseum in the Nordic countries based on a collection of more than 6,000 bibles. Among the museum's most valuable bibles is an edition of the Swedish king Gustav Vasa's bible from 1541. The exhibition also includes an original page from a 15th century Gutenberg bible and unique hand-written manuscripts from the 13th century. There is also a miniature Bible collection with the world's smallest printed Bible, a King James Version exhibition and a Medieval printing press where you can print your own Bible page. Guided tours in English and Norwegian. Museum shop.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 40 people

SEASON: All year

ADDRESS: Nedre Slottsgate 4c

E-MAIL: post@nobimu.no

www.nobimu.no



*Guided
tours
Saturday and
Sunday*

8. VISIT THE OSLO OPERA HOUSE

The Norwegian Opera & Ballet is Norway's largest music and performing arts institution. In addition to experiencing opera, ballet and concerts on two different stages, you can walk on the roof or continue into the open and beautiful foyer. Also visit the Opera Shop or enjoy refreshments and a meal overlooking the fjord.

We offer ticketed guided tours in English every Saturday and Sunday. Please note that the guided tour covers large distances, and that you are not allowed to bring your own interpreter to our ticketed guided tours.

For more information about our performances, guided tours, opening hours and ticket sales, visit operaen.no/en

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

SEASON: All year

ADDRESS: Kirsten Flagstads Plass

www.operaen.no/en



*Oslo's most
mindbending
Museum*

9. PARADOX MUSEUM

In the heart of Oslo, Paradox Museum Oslo invites you to step into a playful, interactive world. Explore exhibits that trick your mind, challenge perception, and surprise your senses. Learn the science behind the illusions, laugh, and take photos that will amaze your friends. Discover our interactive exhibits that challenge your senses and show how easily your brain can be tricked. You'll learn about perception, physics, and perspective, all while having a lot of fun.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 35 per group

SEASON: All year

ADDRESS: Rosenkrantz' gate 11

E-MAIL: oslo@paradoxmuseum.com

www.paradoxmuseumoslo.com

*Experience
the heart of Oslo,
SALT: saunas,
events, and
dining!*



10. SALT ART & MUSIC

Experience SALT, Oslo's one-of-a-kind hotspot by the fjord, with stunning views of the Oslo Opera House and the MUNCH Museum. Embrace the year-round allure of SALT, where excitement knows no season. Unwind in one of the unique saunas, including Årdna—one of the world's largest saunas—ideal for solo visitors and groups. Explore live music, art, and performances. In winter, cozy up in a private outdoor space with fire pits, blankets, and a delicious grill menu. When summer arrives, SALT transforms into a lively open-air destination with food stalls, bars, and an unbeatable festival vibe. Whether you're here to relax, explore, or celebrate, SALT promises a true taste of Oslo's vibrant culture.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Unlimited

SEASON: All year

ADDRESS: Langkaia 1

E-MAIL: kundeservice@salted.no

www.salted.no



*An exciting
addition to
Vigelandsparken*

11. TBS GALLERY

TBS Gallery is an art centre featuring the work of the sculptor and painter Tore Bjørn Skjølsvik. The gallery is located in a property that includes a villa and a former stable, surrounded by a lush sculpture garden. With its idyllic setting, sculpture garden and the ambience of a working artist's studio, TBS Gallery is a gallery for all seasons and welcomes visitors throughout the year. Some of the sculptures and paintings are on permanent display, while others are for sale. The property is near the Royal Palace in the heart of Frogner, the attractive west-side residential district of Oslo built in the late 19th and early 20th centuries.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 50 per group

SEASON: All year

ADDRESS: Oscars gate 23

E-MAIL: post@tbsgallery.no

www.tbsgallery.no



*Feel the
Viking
rush*

12. THE VIKING PLANET

The Viking Planet is the world's first digital Viking museum, offering a wide selection of unique and engaging exhibitions centered around the Viking Age, allowing you to experience the life of the Vikings as if you were one of them. Climb aboard a longship, defend your village, and feel the thrill of virtual time travel. Come face-to-face with life-sized holograms, explore interactive 3D artifacts, and discover some of the most important aspects of the Viking Age through interactive screens. Create lasting memories at innovative selfie stations, and do not forget to bring home your souvenir! All exhibitions are available in 12 different languages. Free Wi-Fi and App Guide. Free admission for children under 6 years old. Viking-themed souvenir store.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance
CAPACITY: 350 people
SEASON: Open every day all year except 17.05.
ADDRESS: Fridtjof Nansens plass 4
E-MAIL: info@thevikingplanet.com
www.thevikingplanet.com

Guide to Oslo with children



Attractions for children

Explore, play and learn at Oslo's museums!



Activities for children

Family fun the Oslo way



Child-friendly restaurants

Wonderful flavours for everyone



Children's calendar

Events of all kinds and sizes for kids of all ages

Oslo with children

Create memories together!

Oslo offers fun, exciting and educational experiences for everyone.

Oslo is filled to the brim with exciting activities for children, both indoors and outdoors. You can be active among the trees in climbing parks, experience the forest and the Oslo Fjord, meet farm animals and exotic reptiles, and visit one of the city's many child-friendly museums.

In the children's calendar you will find everything from theatre to guided walks especially curated for children. When it is time for a bite to eat, you can choose between many exciting restaurants that welcome young guests.



- www.visitoslo.com/en/activities-and-attractions/boroughs/bygdoy/family-day-bygdoy
- www.visitoslo.com/en/activities-and-attractions/10-suggestions/children
- www.visitoslo.com/en/your-oslo/children/child-friendly-restaurants
- www.visitoslo.com/en/your-oslo/children/activities
- www.visitoslo.com/en/your-oslo/children/attractions



Discover Oslo: The Perfect Winter Destination

Oslo is a magical winter wonderland that offers the perfect blend of culture, nature, and adventure. Explore world-class museums like **MUNCH** and the **Museums at Bygdøy**, or experience the city's vibrant cultural scene with concerts, theaters, and cozy cafés.

For nature lovers, Oslo's winter landscapes are breathtaking. Take a scenic walk in the snowy forests of Nordmarka or enjoy ice skating in the heart of the city. Ski enthusiasts can hit the slopes at **Skimore Oslo** or try cross-country skiing in **Holmenkollen** or out in the forest on miles of well-groomed trails.

Whether you're seeking history, culture, or outdoor fun, Oslo is the ultimate winter escape!





Photo: Marcus Thomassen

See...
Hear...
Smell...
Touch...
Explore!

The number
ONE attraction
in Norway
Tripadvisor 2021

13. THE POLAR EXPLORATION MUSEUM

Fram and *Gjøa* are the world's most famous polar exploration ships!

Explore both historic vessels. Ride the waves on *Fram*, with the brand new projection show surrounding the ship, and enjoy all the new features for young and old. Widescreen cinema. Freezing cold polar simulator.

Children's activity area. Exhibitions in 10 languages. Café with outdoor pavilion. Museum store with exclusive gifts. The Fram Museum is open **every** day, all year.

FACTS AND NUMBERS

DISTANCE FROM PORT: 15 minutes


CAPACITY: Unlimited

SEASON: All year

ADDRESS: Bygdøynesveien 39, Bygdøy

E-MAIL: post@framuseum.no

www.frammuseum.no



*The Norwegian
Center for
Holocaust and
Minority
Studies*

14. THE NORWEGIAN HOLOCAUST CENTER

The Norwegian Center for Holocaust and Minority Studies is a research, education and documentation center in Oslo focusing on the Holocaust, other genocides and the situation of minorities in contemporary societies.

The Center hosts a permanent exhibition on the Holocaust and the fate of the Norwegian Jews during the Second World War. There are also temporary exhibitions and an underground bunker that can be visited with a guide on weekends and holidays. The historical building of Villa Grande was during World War II the residence of the Norwegian collaborator and Nazi leader, Vidkun Quisling. Once a house of shame, it is now filled with activities in strong contrast to its former role.

FACTS AND NUMBERS

DISTANCE FROM PORT: 15 minutes

CAPACITY: 25 per group

SEASON: All year

ADDRESS: Huk aveny 56

E-MAIL: post@hlsenteret.no

www.hlsenteret.no/english



Photo: Expology

15. THE KON-TIKI MUSEUM

In 1947, Thor Heyerdahl (1914–2002) stunned the world by crossing the Pacific on a fragile balsawood raft, redefining human exploration. Step into a spectacular exhibition featuring the original Kon-Tiki raft, surrounded by an immersive ocean-and-sky installation that brings the journey to life. Discover the original reed ship Ra II and explore the enduring mysteries of Easter Island. Be inspired by Heyerdahl's courage and his legacy as an environmental activist. The Kon-Tiki Museum is open every day, all year, and includes a souvenir shop offering unique design products.

FACTS AND NUMBERS

DISTANCE FROM PORT: 15 minutes

CAPACITY: 40+ people per group

SEASON: Open every day, all year

ADDRESS: Bygdøynesveien 36

E-MAIL: kon-tiki@kon-tiki.no

www.kon-tiki.no



*The new
Museum of
The Viking Age
opens in
2027*



16. MUSEUM OF THE VIKING AGE

The Museum of the Viking Age is closed for rebuilding. For Viking experiences, please visit the Historical Museum. The new Museum of the Viking Age will open in 2027. Please follow us at www.vikingtidsmuseet.no

FACTS AND NUMBERS

DISTANCE FROM PORT: 15 minutes

SEASON: Opens in 2027

ADDRESS: Huk Aveny 35

E-MAIL: postmottak@khm.uio.no

www.vikingtidsmuseet.no



*Explore
maritime
history through
a thousand
years!*

17. NORWEGIAN MARITIME MUSEUM

The Norwegian Maritime Museum showcases traditional boats from the Norwegian coastline and remarkable archaeological finds – including Norway’s oldest known boat. Step into the KLINK boatbuilding workshop to experience a genuine Viking boat and get a close-up look at our full-scale reconstruction. Discover hands-on exhibitions specially designed for children, as well as a wide range of fascinating maritime stories and experiences for all ages. Set in a truly unique seafaring environment, the museum is located at Bygdøyenes on the Bygdøy peninsula, right next to the Fram Museum and the Kon-Tiki Museum.

FACTS AND NUMBERS

DISTANCE FROM PORT: 15 minutes

CAPACITY: 45 per group. Several groups per hour

SEASON: All year

ADDRESS: Bygdøyenesveien 37

E-MAIL: booking@marmuseum.no

www.marmuseum.no



*Experience
the culture!
13th century
stave church.
Open-air museum
& exhibits*

Photo: Morten Brun

18. NORSK FOLKEMUSEUM

Meet the people of Norway and learn about daily life. The Open-Air Museum features historic buildings from different regions re-erected as typical farmsteads and city dwellings, as well as a wooden stave church from the 1200s. May – September hosts in traditional costumes welcome you into the houses and domestic animals graze the fields. Activities make history come alive: handicraft, baking, folk music & dance. Events most weekends and a popular Christmas Fair. Indoor exhibits display historical urban and rural interiors, artifacts, handicraft and clothes.

FACTS AND NUMBERS

DISTANCE FROM PORT: 15 minutes
CAPACITY: 30 per group/ multiple groups
SEASON: All year/ Activities May – September
ADDRESS: Museumsveien 10, Bygdøy
E-MAIL: booking@norskfolkemuseum.no
www.norskfolkemuseum.no



Photo: Andreas Bache Wig

*The blue
and the green
and the city
in between*

19. HOLMENKOLLEN SKI MUSEUM AND JUMP TOWER

Experience Oslo's best view from the top of the jump tower. Experience a panoramic view of Oslo and the surrounding areas. The Ski Museum is newly renovated and display items from the polar explorers Fridjof Nansen and Roald Amundsen. The museum presents over 5000 year of ski history. In addition we have a cafe, a ski simulator and a museum shop.

FACTS AND NUMBERS

DISTANCE FROM PORT: 25 minutes by car

CAPACITY: Unlimited

SEASON: All year

ADDRESS: Kongeveien 5

E-MAIL: lene.skretteberg@skiforeningen.no

www.holmenkollen.com



*Featured on
Time magazine
“100 greatest
places” 2021*

20. THE ROSE CASTLE

Experience an extraordinary art installation in the forest above Oslo, with a view over the city and the Oslofjord. With almost 300 artworks, the Rose Castle tells the story of the occupation of Norway, and the basic principles of democracy, rule of law and humanism that were then put out of force. The core principles of the Rose Castle is to remind us that all human beings are born free and equal, the contrast to what we experienced during the years of occupation. The artistic language aims to engage, challenge and confront. In short, bring to life.

FACTS AND NUMBERS

DISTANCE FROM PORT: 30 minutes by car

CAPACITY: 750

SEASON: All year

ADDRESS: Above Frognerseteren Metro Station

E-MAIL: info@roseslottet.no

www.roseslottet.no



Pop in and see the glassblowers carry out their traditional craft. Try to blow your own glass

21. HADELAND GLASSVERK

Hadeland Glassworks, one of Norway's most popular visitor attractions, enjoys an idyllic setting on the southern shore of the lake Randsfjord. The Glassworks was founded in 1762 and is Norway's oldest handicraft manufacturer in continuous operation. Today Hadeland Glassworks is a thriving business, which also preserves a rich history and heritage. The area around the Glassworks is like a small, charming village. At the heart of the operation is the Glass Workshop where you can see glassblowing demonstrations. We offer guided tours in the glass workshop and you can even try blowing your own glass.

FACTS AND NUMBERS

DISTANCE FROM PORT: 60 minutes by car

CAPACITY: 350 People

SEASON: All year

ADDRESS: Glassverksveien 9, 3520 Jevnaker

E-MAIL: post@hadeland-glassverk.no

www.hadeland-glassverk.no



Kistefos is described as "a must-see cultural destination" by The New York Times.



Photo: Anevd Heidal

22. KISTEFOS

Built on the grounds of a historical pulp mill, Kistefos today comprises an industrial museum, two art galleries and an impressive sculpture park in scenic surroundings. The sculpture Park has an impressive collection of works by internationally renowned contemporary artists including Yayoi Kusama, Tony Cragg, Claes Oldenburg, Anish Kapoor, Olafur Eliasson, Fernando Bottero and Elmgreen & Dragset. The Twist is a gallery, a bridge, and a sculpture, all in one. The 1000 square meter building twists into a sculptural form and spans 60 meters across the Randselva river. Kistefos offers several carefully curated guided tours.

FACTS AND NUMBERS

DISTANCE FROM PORT: 60 minutes by car

CAPACITY: Unlimited

SEASON: May – October

ADDRESS: Samsmoveien 41, 3520 Jevnaker

E-MAIL: booking@kistefosmuseum.com

www.kistefosmuseum.com



SIGHTSEEING



Unique maritime experiences on the Oslofjord with sailing ships and zero emission yachts.

23. BOREAL AND TROLLCRUISE

Oslo is at its prettiest from the Oslofjord, surrounded by green hills, blue waters and colorful island life – join us on one of our boats: 5 Zero emission el-yachts, 3 sailing ships and 2 motor yachts.

SHORE EXCURSIONS: Groups up to 350 guests. Various options.

OSLOFJORD CRUISES: FIT guided tours, lunch, and dinner cruises on sailing ships.

PUBLIC FERRY: Public ferry to and around all the islands in the Oslofjord since 1917.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 350

SEASON: All year

ADDRESS: City Hall pier no 2, Rådhusbrygge 2

www.trollcruise.no



*Silent tours
on the
Oslofjord on an
Electric ship*

24. BRIM EXPLORER

Enjoy the highlights of the Oslo fjord from our indoor saloons or one of our 3 outdoor decks.

Tour examples:

SILENT OSLO FJORD CRUISE: A guided tour exploring both city skyline and iconic sites as well as the nature of the Oslo Fjord.

OSLO DINNER CRUISE: Enjoy a 3 course dinner on board our electric ship while you pass by the beautiful skyline of Oslo and nature around the Oslo Fjord.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 140

SEASON: All year

ADDRESS: Rådhusbrygge 2

www.brimexplorer.com



*Fjord cruise
& boat sightseeing
since 1947.
Wonderful
Experiences
on the Fjord*

25. BÅTSERVICE SIGHTSEEING

See the idyllic Oslo Fjord from our traditional restored sail schooners and museum ferries.

FJORD SIGHTSEEING - 2 h. Summer: 5 daily departures, Spring and Aut: 3 and Winter: 2 dep.

EVENING CRUISE - 3 h. with shrimp buffet. Summer: Daily at 19.00 3 sail ships! 250 guests

MINI CRUISE - 50 min. Summer: Every hour 10.00 to 15.00

MUSEUM FERRY to the museums at Bygdøy peninsula. 7 Summer months: 20 minutes departures.

Buy your ticket in our ticket kiosk at City Hall pier 3 or on our website

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 400 guests

SEASON: Daily all year/ 365

ADDRESS: City Hall pier 3 / Rådhusbrygge 3

Port area

www.nyc.no



*Enjoy an
ecofriendly
cruise with
panoramic
views*

26. THE FJORDS

Discover the beautiful inner parts of the Oslofjord on our hybrid ship. With 400 meters of railings on deck and large panorama windows, you can experience the the beautiful sights all year around, from the inside and outdoors. We sail along the spectacular city shoreline, between exquisite small islands, passing famous landmarks and historical places. Through our audioguiding, available in seven languages, you will learn about Norway's unique history, culture and heritage (free Voice of Norway app). The café on board offers local food and drinks which you can enjoy while experience the heart of the Oslofjord.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 399

SEASON: All year. Up to five daily cruises.

DURATION: 1,5 hours.

ADDRESS: Langkaia 1

www.norwaysbest.com/oslofjord



*Cruise on
the Oslofjord
onboard
iconic Italian
yachts*

27. DREAMLINE CHARTER

Experience the beauty of the Oslofjord. We offer exclusive fjord cruises where you can discover idyllic islands and peaceful bays, admire museums and iconic architecture from the sea, and truly experience Oslo from its most breathtaking perspective. Our services offer: sightseeing cruises, scenic fjord cruises, and morning or evening cruises for up to 99 guests — perfect for corporate events, private celebrations, or unforgettable gatherings on the water.

For those seeking something truly exceptional, we also provide exclusive private charters with our luxurious Riva boats, accommodating up to 8 guests. Enjoy elegance, comfort, and world-class design while cruising through the stunning Oslofjord.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Up to 99 pax

SEASON: All year

ADDRESS: Filipstad Brygge - Filipstadveien 3

EMAIL: booking@rivaitalia.no

www.rivaitalia.no



*Official
Cruise Partner -
Commission
on ticket
sales*

28. CITY SIGHTSEEING

Give your guests the freedom to explore Oslo at their own pace with City Sightseeing Hop On-Hop Off buses, trusted in 130+ cities worldwide. With 12 stops at Oslo's main attractions, free Wi-Fi, multilingual audio guides, and a Cruise Guarantee, City Sightseeing offers reliable sightseeing with easy access at the cruise terminal. Cruise partners earn commission on ticket sales, and multi-city tickets are available for guests visiting multiple Norwegian destinations.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance
CAPACITY: Free sale. Allotments provided per arrival
SEASON: All Year
ADDRESS: St. Olavs gate 12
E-MAIL: cruise@stromma.no / info@stromma.no
www.stromma.com



29. HOP ON HOP OFF SIGHTSEEING

Experience Oslo's most famous sightseeing attractions with Hop On's eco-friendly buses. The bus stops right outside the Cruise Terminal and brings all passengers back to the ship after the round tour. By buying Hop On's ticket, you will have free wifi, audio guide in 8 different languages, free headphones and discounts at selected museums in Oslo. The bus departs every 15 minutes from the Cruise terminal and from each bus stop. The bus tour takes around 75 minutes.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Free sale

SEASON: All year

TEL: +47 48174444

E-MAIL: customerservice@hopon.no

www.hopon.no

*Experience
Oslo
– the green
way!*



30. OSLO BUSS

Welcome to charter our electric coaches for your sightseeing.

Our route is Oslo Cruise Terminal – City Centre/Opera - Holmenkollen - Frognerparken - Oslo Cruise Terminal.

With our sightseeing coach you can choose guiding in several languages. We cooperate with Oslo Guidebureau and have outstanding guides with a lot of local knowledge. We can offer free 4G Wifi on board on demand.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Free sale

SEASON: Spring, Summer and Autumn

ADDRESS: Oslo Cruise Terminal

E-MAIL: post@oslobuss.no

www.oslobuss.no

*Ask us about
insider tips and
exceptional
cruise
excursions*



31. OSLO GUIDEUREAU

Oslo Guidebureau is a professional guide company with more than 20 years' experience that provides tailor-made tours in and around Oslo. With more than 200 authorized Oslo Guides who speak more than 25 different languages, our services for the cruise industry include dispatch and a wide range of cruise excursions e.g. sightseeing tours by bus, bike and on foot, private tours and food tours. We also have voucher agreements with the city's many museums. We take pride in the knowledge and experience of our guides and look forward to welcoming your guests to experience the best of Oslo with us.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Bus group 50 / Walking group 20

SEASON: All year

ADDRESS: Tollbugata 27

E-MAIL: info@osloguide.no

www.osloguide.no

*See the sights
comfortably and
efficiently on a
guided tour
with a local
driver*



32. OSLO TAXI – SIGHTSEEING

Our sightseeing taxi is a great way to see the sights that interest you the most. We pride ourselves on being the taxi provider with the best local knowledge of Oslo, and are happy to show you what our lovely city has to offer. Let us take you on a comfortable tour through Oslo and see sights such as Holmenkollen Skijump, The Vikingship Museum, Vigeland Sculpture Park and The Munch Museum. Choose one of our set tours, or plan a route for yourself – it's up to you where your journey starts and ends, and where to stop along the way.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 1-15 people

SEASON: All year

BOOKING: 02323/+47 22 38 80 90

E-MAIL: firmapost@oslotaxi.no

www.oslotaxi.no



*Experience
Downtown
Oslo from a
horse-drawn
carriage*

33. OSLO BY HORSE-DRAWN CARRIAGE

Take a trip in a carriage drawn by traditional Norwegian horses, the environmentally friendly way to enjoy the life of the inner city. Experience Karl Johansgate, Oslo's main street, with all historic buildings, parks and harbor areas. The trip is well-suited for those with difficulty walking and children and can start and end at the wharf, close to the ship. Bookings must be made at least two days in advance. The welfare of the horses is essential to us. They receive individual feeding and are offered water regularly when in town. The equipment and workload are adjusted to suit each individual horse. When they are not working, they spend their time in a stable or out in a paddock or field with friends. They receive the best care veterinarians and farriers can provide.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 30 people, 45-minutes ride

SEASON: All year

ADDRESS: Harbor area

E-MAIL: lene@alnaridesenter.no

booking@alnaridesenter.no



.....
ACCOMODATION
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*A lively
meeting place
in the heart
of Oslo*



34. CLARION HOTEL THE HUB

Enjoy fun dining and a drink with a magical view of Oslo at the top floor restaurant Norda, a fusion of nordic and multicultural influences. The extensive roof top garden provides the hotel with home grown vegetables, herbs and microgreens. Have a coffee in the lobby living room or get energized in our well-equipped fitness and relaxation area. Welcome to a hotel with 810 modern hotel rooms, 24 meeting rooms and 3 exciting bars and restaurants. The hotel reflects the city's puls and is the heart of Oslo, located just a beat away from the city's best attractions.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 810 hotel rooms and suites

SEASON: All year

ADDRESS: Biskop Gunnerusgt. 3

E-MAIL: cl.thehub@strawberry.no

www.strawberryhotels.com

*Boutique
hotel in
the heart
of Oslo*



35. AMERIKALINJEN

Amerikalinjen's venerable headquarters have been reborn as a vibrant boutique hotel, designed for the modern explorer. Located perfectly in downtown Oslo next to the central station. All of our rooms have high ceilings, large windows, and heavenly comfortable beds. Enjoy a culinary journey in Atlas Brasserie, taste the cocktails in the award-winning bar, Pier 42, and make sure you visit our New York-inspired Jazz Club, Gustav.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 122 rooms and suites

SEASON: All year

ADDRESS: Jernbanetorget 2

E-MAIL: info@amerikalinjen.com

www.amerikalinjen.com



*The perfect
base for
exploring
Oslo*

36. THON HOTEL OPERA

Explore the fjords edge from Thon Hotels' Flagship, neighboring the Opera house, Deichman National Library and Munch Museum. Our majestic foyer and à la carte Restaurant & Bar Eufemia welcome you to a luxurious break from your activities after starting the day with our award-winning breakfast.

Thon Hotel Opera boasts 480 rooms, 2 grand suites and 18 conference rooms, as the gateway to the new and stylish district of Oslo; Bjørvika.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance


CAPACITY: 480 hotel rooms and suites

SEASON: All year

ADDRESS: Dronning Eufemias Gate 4

E-MAIL: opera@thon.no

www.thonhotels.no



Oslo's countless restaurants and bars offer delicious food and drinks in a relaxed atmosphere. Oslo people like to meet up in a café - for lunch or just a good cup of coffee. And, in Oslo the nearest bar or pub is usually just around the corner.

FOOD



*Enjoy the
legendary
Hard Rock
experience
in Oslo*

37. HARD ROCK CAFE

Welcome to Norway's vibrant capital, a city where modern Scandinavian design meets rich cultural history! Hard Rock Cafe is proud to be located right in the heart of Oslo, next to Oslo Central Station, just a short walk from the legendary Opera House, Munch Museum, and several other attractions that Oslo has to offer. Here, you can enjoy the best of urban life, green parks, waterfront views, and now, the legendary Hard Rock experience!

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 250 guests

SEASON: All year

ADDRESS: Jernbanetorget 1

E-MAIL: sales@hrcoslo.com

www.cafe.hardrock.com/oslo

The image shows the interior of Rorbua, a traditional Norwegian restaurant. The room is dimly lit with warm, ambient lighting. The walls are made of rough-hewn stone and dark wood. In the foreground, there are several wooden tables and chairs. A large wooden wheel is mounted on the wall near the bar. The bar is a curved wooden structure with a white countertop, and a person is visible behind the counter. A large orange circle is overlaid on the left side of the image, containing the text "Taste traditional Norwegian specialities".

*Taste
traditional
Norwegian
specialities*

38. RORBUA

Rorbua is one of the oldest restaurants on Aker Brygge, opened in 1990. Our menu specializes in the culinary traditions of Northern Norway, offering dishes such as boknafish, whale, and reindeer. Our inspiration comes from the northern Norwegian kitchen and mother's cookbook. We serve traditional food made from scratch with genuine ingredients.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: 100

SEASON: All year

ADDRESS: Stranden 72

E-MAIL: post@rorbua.as

www.rorbua.as



*Welcome to
an authentic
Norwegian food
experience!*

39. BØNDER I BYEN

We serve classic Norwegian cuisine – authentic flavors from the fjords, mountains, and forests. Our dishes are rooted in tradition and crafted with care, using ingredients from local farmers, fishermen and hunters. We take pride in using seasonal, locally sourced products and wild game from Norwegian nature. Here, you'll experience the true taste of Norway – a blend of tradition and modern urban dining.

FACTS AND NUMBERS

DISTANCE FROM PORT: 30 min walk from pier

CAPACITY: 90

SEASON: All year

ADDRESS: Seilduksgata 15

E-MAIL: grunerlokka@bonderibyen.no

www.bonderibyen.no



SHOPPING



*Largest and
best selection
of Norwegian
sweaters,
gifts and
souvenirs*

40. OSLO CRUISE TERMINAL

We welcome you to a shopping experience in one of Norway's largest gift shops and visitor center.

Famous brands as Dale of Norway, Marius, Scandinavian Explorer and many more are available.

In cooperation with our selected partners we offer Tourist Information, Coffee Shop, Free Wi-Fi, Money Exchange and Tax refund. All International credit cards and most foreign currencies are accepted.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Unlimited

SEASON: April – Oct. All ship calls, on request

ADDRESS: Akershusstranda 15, Skur 35

E-MAIL: sweater@online.no

www.oslocruiseterminal.com



Enjoy your
Tax Free
shopping in
unique
surroundings!

41. WAY NOR

We invite you to an unforgettable shopping experience in our two-storey flagshipstore of 800 m² in the very heart of Oslo. Here you can take a closer look at the Norwegian wildlife – take a picture together with a real size moose, polar bear or a reindeer. You can even take a walk through our troll forest. Way Nor has been offering quality souvenirs since 1985 and we warmly welcome you to see our selection of clothing for all weather conditions and our wide range of souvenirs and gifts. Our service minded and international staff are looking forward to helping you find a memory from Norway to bring back home! Please note that we also have two other fantastic stores; one of them located 100 meters from the central station and the other just 50 meters from the newly re-opened Munch Museum.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Unlimited

ADDRESS: Lille Grensen 7,

Karl Johansgate 2-6, Munch Brygge

E-MAIL: oslo@waynor.no

www.waynor.no



*Shop Tax Free
and claim Tax
refund at the last
port of exit from
Norway*

42. GLOBAL BLUE NORWAY

Global Blue Tax Free shopping brings you tax refund on all purchases over 315NOK at more than 4000 stores in Norway. You receive 12-19% of the purchase amount back when you leave Norway. Simply look for the Global Blue sign or ask for a Tax Free form from any store or souvenir shop. Claim your Tax Refund at Oslo Cruise Terminal or at the last port of exit before your departure from Norway. The service is available for all international shoppers residing outside Norway, Sweden, Denmark and Finland.

FACTS AND NUMBERS

DISTANCE FROM PORT: On Board or On Port

SEASON: All year

E-MAIL: cruise.no@globalblue.com

www.globalblue.com



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INFORMATION
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43. OSLO VISITOR CENTRE

Our employees know and love Oslo, and will do their best to help you make the most of your stay.

With one of Europe's most vibrant urban scenes, the city offers a daily selection of events that spans from concerts with world-class performers to city walks and quirky gallery shows.

Whether you are looking for something to do this evening or are planning a cultural city break in Oslo, our event calendars will give you a wide variety of great happenings to choose from.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

SEASON: All Year

ADDRESS: Jernbanetorget 1, Østbanehallen

E-MAIL: info@visitoslo.com

www.visitoslo.com



Get
around
town!

44. # RUTER – PUBLIC TRANSPORT

Ruter offers tram, buss, metro and ferry services, all on the same ticket, helping you get around the capital region during your stay in Oslo. Find your way around using your smartphone by downloading the RuterReise-app. Buy tickets at our Customer Service Centre in front of the Oslo S Central train station or at newsagents throughout the city. You can also download the RuterBillett ticket-app, available in Google Play and App Store.

FACTS AND NUMBERS

DISTANCE FROM PORT: Walking distance

CAPACITY: Unlimited

SEASON: All year

ADDRESS: All around the city

www.ruter.no/en

An aerial photograph of the Avinor Oslo Airport terminal and tarmac. The terminal building features a large, curved glass facade. Several aircraft are parked at gates, including a SAS plane and a Virginian plane. Ground service vehicles and equipment are visible on the tarmac. A control tower is visible in the background under a cloudy sky.

*Connecting
Norway and
connecting
Norway with
the world*

45. AVINOR OSLO AIRPORT

Oslo Airport is Norway's main airport and is situated north of Oslo. With the Airport Express train (Flytoget) it takes only 19 minutes to get from the airport to Oslo Central Station. With over 28 million passengers per year and over 130 direct routes both international and domestic, the airport is the perfect gateway to Norway and Scandinavia. The expansion of the airport was finished in 2017, with a brand-new pier, departure and arrivals hall. With the expansion Oslo Airport has a capacity of 35 million passengers a year.

FACTS AND NUMBERS

DISTANCE FROM PORT: 40 minutes by car

19 minutes with Airport Express Train

SEASON: All year

ADDRESS: Edvard Munchs veg 1,
2061 Gardermoen

www.avinor.no

*DMC Nordic
offering cruise
handling and
MICE services
throughout
Norway*



46. DMC NORDIC

DMC Nordic delivers comprehensive cruise handling and MICE solutions across Norway. Our mission is to provide cruise guests with enriching, memorable, and sustainably focused experiences that strengthen onboard tour sales and inspire future travel to our destinations.

We expertly manage full cruise turnarounds, including pre- and post-cruise programs, port-of-call shore excursions, full and partial charters, and all related services for cruise vessels throughout Norway and neighboring countries.

FACTS AND NUMBERS

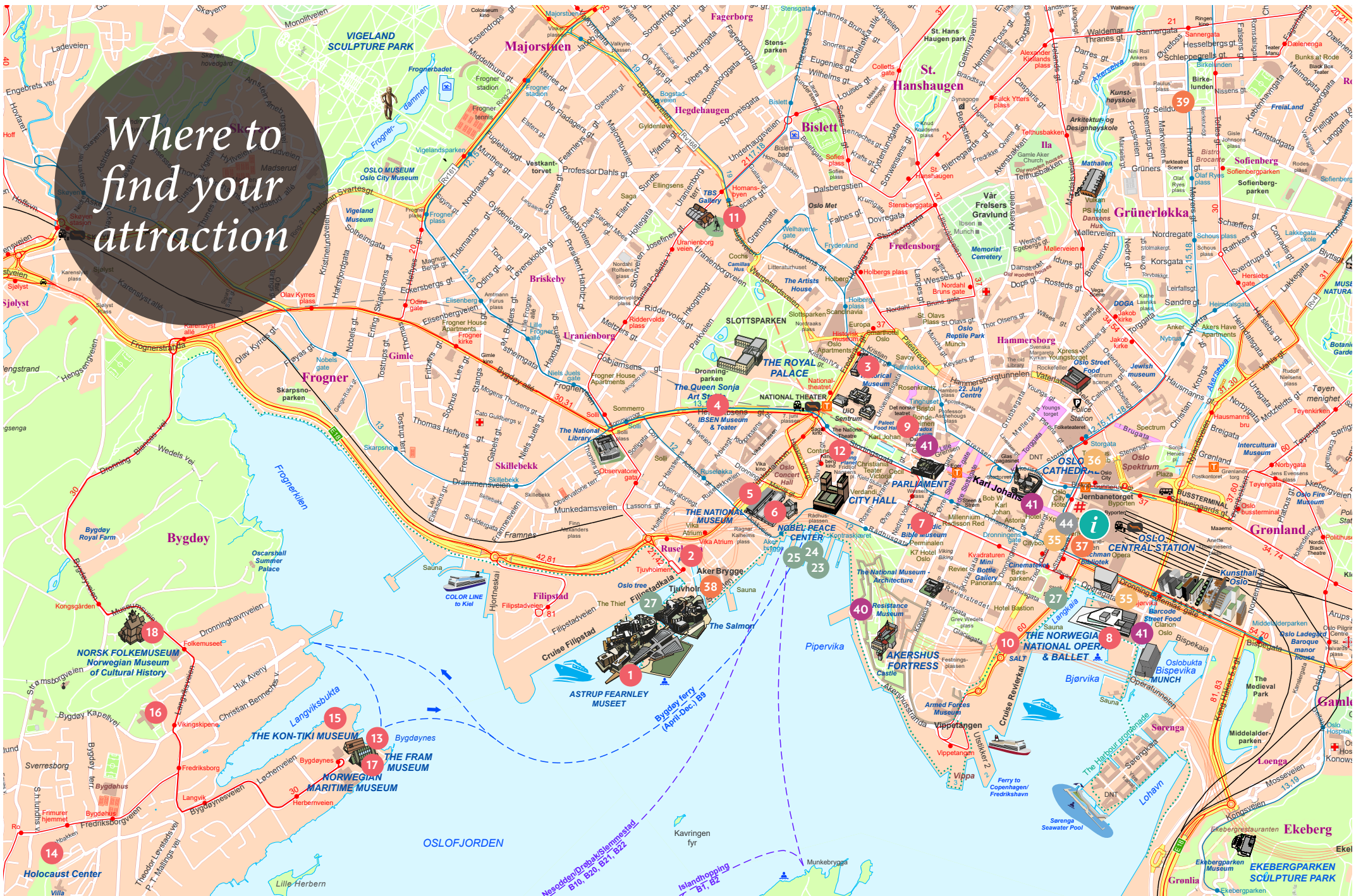
OPERATING SINCE: DMC Nordic (Norway, Denmark, Estonia, Finland, Greenland, Faroe Islands, Latvia, Lithuania and Sweden)

ADDRESS: Skoltegrunnskaaien 1, Bergen

E-MAIL: norway@dmc-nordic.com

www.dmc-nordic.com

Where to find your attraction



PORT INFO



OSLO IN EUROPE



PORT OF OSLO

Visiting address	Shed 38, Vippetangen, Oslo, Norway
Mailing address	PO Box 230 Sentrum, 0103 Oslo, Norway
Phone	(+47) 21 80 21 80
E-mail	postmottak@oslohavn.no
Internet	www.oslohavn.no
Maritime contact person	Port Captain Jens Petter Christensen
E-mail contact person	jpc@oslohavn.no
Phone contact person	(+47) 90 56 03 09
Maritime contact person	PFSO Emilie Lysø Groth
E-mail contact person	emilie.lyso.groth@oslohavn.no
Phone contact person	(+47) 980 72 760
Distance from pilot station	57 nautical miles (3.5-4 hrs) South
Pilot channel	Channel 12

GENERAL INFORMATION

Guide Service	Every major language. Certified guides
Turnaround	Large functional and accessible Tents
Shuttle bus	No
Parking place for buses	Yes, ample
Public transportation	Yes
Shopping	Yes, ample shopping opportunities
Currency exchange	Yes
Distances – airport	50 km.
Distance to city center	400 m.
Nearest hospital	Ullevål Hospital, 6 km. Phone 02770

PORT SERVICE/FACILITIES & INFORMATION

Bunkers delivery /method, by ship /by car
LNG
EPI

Yes, by truck

Yes, by truck

Adjustments for cruise vessels Environmental Port Index (EPI) has been introduced as an economic incentive to support sustainable and eco-friendly cruise operations and to make it less profitable to call to port for ships that cause pollution. EPI applies to all cruise ship calls and implies changes to the quay charges. No later than 72 hours after departure, cruise ships shall report data from their port of call. If a ship fails to report data within 72 hrs, it will be appointed a score of 0. An EPI score will be allocated based on this data. The score ranges from 0 (lowest) to 100 (highest).

Quay charges will subsequently be subject to a proportionate change as follows:

EPI score Adjustment

0-39 +100 % / 40-69 +0 / 80-100 -15%

If a cruise ship is adapted, tested and ready to receive shore power in Oslo, but captain decide not to connect for some reason, the ship will be allocated with an EPI score of zero (0) if no other reason is given.

0-emission fee

Supplies available

Waste

Tugboats

Anchorage

Ship tender facilities

Tidal movement

Gangway available

Seawalk

ISPS approved

Restrictions in harbor

Maximum ship length

Maximum ship draft

Maximum beam

Maximum air draft

NOK 0,60 / GT

Yes

Yes, by trucks/containers

1 tug available 30 min notice - to be ordered by the agent.

Ormøysanden anchorage N 59° 53´

E 010° 45´ . Sand/rock bottom.

N/A. On request in special cases.

MLWS 49 cm, MHWS 84 cm.

5 m., 8 m. and 10 m. lengths

No

Yes

No use of incinerators while in Oslo

Filipstad: 340 m. / Revier: 300 m.

Filipstad: 10.3 m. / Revier: 8.4 m.

No limitation

No limitation

OSLO PORT



BERTH

FILIPSTAD

REVIER

Height

2.1 m

2.0 m

Fenders

27 rubber fenders beta type 2x0.4 m

V-fenders.

Largest ship

345 m / 10.3 m

300 m / 8.4 m



www.oslohavn.no
www.visitoslo.com



Port of Oslo



Oslo